

Better digital services for you who are young – survey invitation

We may all need good digital information and guidance about health. This is also important for young people with backgrounds such as Indigenous peoples, national minorities and refugees. We are conducting a survey to help improve digital services. We invite you to participate if you are aged 16 to 25 and have a background such as Sami, Kven/Norwegian Finn, Jew, Roma, Romani/Tater, Forest Finn, or if you come from the Horn of Africa, the Middle East or the surrounding countries.

Choose your language:

- Davvisámegiella (North Sami)
- Årjelasamiengïele (Southern Sami)
- Julevsábme (Lule Sami)
- Kvääni (Kven)
- Romanés (Romanes)
- English
- Français (French)
- Kiswahili (Swahili)
- دری (Dari)
- فارسی (Farsi)
- عربي (Arabic)
- תגריגנא (Tigrinja)
- Norwegian (Bokmål)
- Norwegian (New Norwegian)

Why are we inviting you to participate in this survey?

This survey will help adapt digital services to better meet the needs of young people regardless of their cultural or ethnic background. Digital services can include information, chat and telephone services, tools for self-help, and video calls with healthcare personnel, such as those you can find on ung.no. Your experiences and thoughts are important to improve these digital services.

What are we asking?

We would like to know what you think is needed to ensure digital services meet your needs. We will ask about your experiences of using digital services. If you haven't used such services, we'd be interested to hear why. We would also like to know a little about your background, such as age, gender, how you feel, your well-being, and cultural/ethnic background.

What do you do to participate?

Read this page first. If you want to participate, tick the box at the bottom of the page. You will then see the digital questionnaire. It takes 15 to 30 minutes to complete the questionnaire. You don't have to do anything more than answer this questionnaire.

Your rights

Participation in the survey is completely voluntary. We only process personal data about you if you give us permission to do so. You can withdraw at any time. There are no negative consequences for you if you choose not to participate. You will not be able to be identified in the results we publish from this survey.

Who are we and what do we do with the information you provide?

We are researchers at the University of Stavanger and UiT The Arctic University of Norway. We are the only ones who have access to your answer. No one else can know who filled in each individual questionnaire. We will also ask if you are willing to be contacted again for future surveys. It will not be possible to identify you in the results of this survey which we will publish in journals and present at conferences/seminars. We will use the knowledge to help young people gain access to digital services that are best suited to their cultural or ethnic background.

Who can you contact if you need help?

Mental Health's helpline is 116123.

If you're in school, you can talk to a teacher or health nurse.

You can also contact your GP or health centre.

If you have a Sami background, you can contact SANKS at 78 96 74 20 or

<https://www.finnmarkssykehuset.no/nyheter/trenger-du-noen-a-snakke-med>

Call the emergency number 113 if you need urgent help.

Are there any pros and cons to participating?

By participating, you will be helping us to so digital services are adapted to better meet the needs of young people with Indigenous, national minority and refugee backgrounds. You will also be entered into a draw where you can win gift cards of NOK 150 to NOK 1,000.

Who can you contact if you have questions about the survey?

Petter Viksveen is the project manager. You can reach him at the University of Stavanger by email petter.viksveen@uis.no or telephone 51832737

You can also contact

- The University of Stavanger at personvernombud@uis.no.
- Sikt – The Norwegian Agency for Shared Services in Education and Research at kontakt@sikt.no
They are responsible for data privacy.
- Datatilsynet if you want to complain about something, at postkasse@datatilsynet.no or telephone 22396900.

Your consent

I confirm that I have read the information above and that I want to participate in the survey (check here)

I confirm that you can contact me again for new surveys (check here)

I can be reached at:

- Email:
- Mobile number:

(You can participate in the study even if you do not wish to be contacted again or do not wish to provide an email or mobile number.)