

Participant Information Sheet (Mentors)

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IRAS no. 250159

ROWTATE – Return To Work After Trauma – Interviews, mentoring records and email data

Chief Investigators: Professor Kate Radford & Professor Denise Kendrick

Invitation

You are being invited to take part in a research study. Before you decide whether or not to take part, it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others if you wish.

Ask us if there is anything that is not clear, or if you would like more information. Take time to decide whether or not you wish to take part.

Contact details

Principal Investigator

[To be added/deleted as appropriate for each participating site]

Name:

Name:

Researcher

Name <<add Name>>

Tel. Number: <<add Tel. number>>

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1. What is the purpose of the study?

This study (implementation) is additional to the main study of the ROWTATE programme. The aim of this study is to find out how well the ROWTATE programme is working and its impact on helping patients return to work or study. We would like to invite you to an interview to find out your views and experiences of mentoring the therapists delivering the ROWTATE programme.

The interview will take place after you have finished mentoring the ROWTATE therapists. We intend to interview all mentors (occupational therapists and clinical psychologists)

We would also like to review your anonymised emails with your mentees and your mentoring records to find out more about the mentoring process and how it impacts the implementation of the ROWTATE intervention.

2. Why have I been asked to take part?

You have been invited to take part because you are a mentor supporting the therapists who are delivering the ROWTATE programme.

We are inviting all mentors who supported therapists with intervention delivery

3. Do I have to take part in this study?

No. It is up to you to decide whether or not to take part. If you decide to take part you will be given this information sheet to keep and be asked to sign a consent form to confirm that you understand what is involved when taking part in this study. If you decide to take part you are free to leave the study at any time and without giving a reason.

If you withdraw, the information collected so far may not be possible to erase and may still be used in the study analysis. A decision to withdraw at any time, or a decision not to take part, will not affect your legal rights.

4. What will happen to me if I take part in the study?

After reading this information sheet, the researchers will discuss the study with you, what it involves and answer any questions you have.

If you agree to take part, the researcher will agree an interview date and time with you and whether you prefer to be interviewed face-to-face, over the telephone or remotely via (e.g.) Skype or Microsoft Teams video-call. If you are doing an interview face-to-face, the researcher will ask you to complete a consent form before the interview starts. If you are doing the interview over the phone or via video-call, the consent form will be completed with you verbally over the phone or video-call. The interviews will last up to 60 minutes. During the interviews, we will discuss:

- Your background and previous experience of mentoring and research
- Your experiences of the mentoring process
- Barriers and facilitators to the delivery and implementation of the ROWTATE programme

With your permission, we will be audio recording the interview so that we do not miss any important points. The audiotapes will be typed up by a trusted transcription service known to the university who will sign a confidentiality agreement before receiving any recordings. Direct quotes may be used, but we will remove any names of people (including your own name) or services when we do this so that you remain anonymous. The audio recordings will be deleted from transportable devices at the earliest convenience and copies kept securely with other research materials as outlined in points 10 and 12 below.

If you agree to your mentoring emails being reviewed the researcher will request, you to send all the mentoring emails to and from therapists who have also consented to their review. All emails will be anonymised before analysis. If you agree to your mentoring records being reviewed a researcher will download completed mentoring CRFs from the database for analysis. Direct quotes may be used, but we will remove any names of people (including your own name) or services when we do this so that you remain anonymous.

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5. What do I have to do?

If you agree to take part in this additional study, a researcher will telephone you to discuss the study further and check some details with you. If you proceed with the study, you will be asked to sign a consent form.

A researcher will then arrange a convenient time to visit you to conduct the interviews with you or a convenient time for a phone or video-call interview. If the interview is done face-to-face you will be asked to sign a consent form before the interview starts. If the interview is done by phone or video-call, the consent form will be completed with you verbally immediately before the interview starts.

6. What are the possible disadvantages of taking part?

We do not anticipate any risks associated with taking part in the study. A possible disadvantage is that it may inconvenience you to attend an interview in person or be available at a specific time during the day. We will arrange the interview at a time and date that is suitable for you and if you prefer, it can be conducted over the phone or by video-call.

7. What are the possible benefits of taking part?

The study may not be of direct benefit to you, but the information we get from this study will help us develop the return to work programme (ROWTATE), which may help injured patients in the future.

8. What happens when the research study stops?

This information we gather from you will help us to develop the ROWTATE programme to help injured people return to work or study. The findings from this study may be published as an article in a research journal and presented to local patient or service provider groups, at academic conferences and to relevant charities. You will not be identifiable in any publications or presentations.

9. What if there is a problem?

If you have a concern about any aspect of this study, you should ask to speak with the researchers who will do their best to answer your questions. If you remain unhappy and wish to complain formally, you can do this through the NHS Complaints Procedure by emailing this address researchsponsor@nuh.nhs.uk or contacting the R&I department using this telephone number 0115 970 9049.

In the event that something does go wrong and you are harmed during the research study there are no special compensation arrangements. If you are harmed and this is due to someone's negligence then you may have grounds for a legal action for compensation but you may have to pay your legal costs. The normal National Health Service complaints mechanisms will still be available to you.

10. Will my taking part in the study be kept confidential?

Yes. All the information about your participation in this study will be kept confidential.

If you consent to take part in this study, the records obtained while you are in this study will remain strictly confidential at all times. The personal information will be held securely on paper and electronically on University of Nottingham and [NHS site] computers under the provisions of the Data Protection Act 2018 and the General Data Protection Regulation. Your name will not be passed to anyone else outside the research team or the sponsor, who is not involved in the study. You will be allocated a study number, which will be used as a code to identify you on all study forms. All identifiable information will be kept under locked cupboard in a locked office, and password protected file in a password protected PC and separate from study data. All transcripts will be anonymized and be kept separate from information about the identity of the participants and documents with patient identifiable data (consent forms, recruitment logs),

11. What will happen if I do not want to carry on with the study?

Your participation is voluntary, and you are free to withdraw at any time, without giving a reason.

If you withdraw then the information collected so far may not be possible to erase and may still be used in the study analysis.

12. Use of your personal data in research

Nottingham University Hospitals NHS Trust is the sponsor for this study. Data will be stored and analysed by the University of Nottingham and [NHS site] on secure university and NHS networks. At the end of the study your personal data and research data will be securely transferred to the Nottingham University Hospitals NHS Trust (sponsor) and a copy stored securely at the University of Nottingham. In line with Good Clinical Practice guidelines, your personal data (address, telephone number) will be kept for 12 months after the end of the study. All research data will be kept securely for at least 7 years following the end of the study and may be used in possible future research during that time if you have provided consent for this. Such usage in future research would have to be approved by investigators at the University of Nottingham, Nottingham University Hospitals NHS Trust and the National Institute for Health Research before anonymised data is released. During the time your data is being stored all precautions will be taken by all those involved to maintain your confidentiality and only members of the research team will have access to your personal data. After this time your data will be disposed of securely.

Your rights to access, change or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the study, we will keep the information about you that we have already obtained. To safeguard your rights, we will use the minimum personally-identifiable information possible.

[NHS site] will collect information from you for this research study in accordance with our instructions.

[NHS site] will use your name and contact details to contact you about the research study, and make sure that relevant information about the study is recorded for your care, and to oversee the quality of the study. Individuals from Nottingham University Hospitals NHS Trust and regulatory organisations may look at your research records to check the accuracy of the research study.

[NHS site] will pass these details to Nottingham University Hospitals NHS Trust along with the information collected from you. The only people in University of Nottingham, Nottingham University Hospitals NHS Trust and [NHS site] who will have access to information that identifies you will be people who need to contact you to discuss your participation in the study or audit the data collection process. The people who analyse the information will not be able to identify you and will not be able to find out your name, or contact details.

You can find out more about how we use your information [<https://www.nuh.nhs.uk/gdpr>].

13. What will happen to the results of this study?

When the study is complete the results will be published in a medical journal and presented at academic conferences, but no individual participants will be identified. The results will also be made available to all participants via the ROWTATE website:

<https://www.rowtate.org.uk/the-rowtate-project>

The Nottingham University Hospitals NHS Trust will act as sponsor for the research. The National Institute for Health Research (NIHR) will fund the research.

15. Who has reviewed the study?

All research in the NHS is looked at by an independent group of people called a Research Ethics Committee, to protect your safety, rights, well-being and dignity. This study has been reviewed and given a favourable opinion by the NHS by the North of Scotland Research Ethics Committee. The study has also been reviewed and approved by the Research & Innovation department of Nottingham University Hospitals NHS Trust.

16. Contact for further information

If you have any questions about the study, please speak to the principal investigator or study researcher, who will be able to provide you with information about the tasks involved. If you wish to read the research on which this study is based, please ask the chief investigator. If you require any further information or have any concerns while taking part in the study please contact one of the following people:

Chief Investigators:

Professor Denise Kendrick
Email: Denise.kendrick@nottingham.ac.uk
Tel: 0115 8466914

Prof. Kate Radford
Email: Kate.radford@nottingham.ac.uk
Tel: 0115 823 0226

Principal Investigator [delete as appropriate depending on site]:

Researcher: TBC

Email:
Phone:

Independent Contact:

You can have more time to think this over if you are at all unsure.

Thank you for taking the time to read this information sheet and to consider this study.