

Data will be analyzed using IBM SPSS Statistics. Descriptive statistics will be calculated for all study variables. The assumption of normality will be examined using the Shapiro-Wil test. To evaluate the effects of the Leisure Makerspace (LMS) intervention on psychological well-being, life skills, and novelty seeking tendencies, a mixed-design repeated-measures analysis of variance (ANOVA) will be conducted with time (pre-intervention vs. post-intervention) as the within-subject factor and group (experimental vs. control) as the between-subject factor. Effect sizes will be reported using partial eta-squared. Statistical significance will be set at $p < .05$.