

SCHEDULE OF ASSESSMENTS

Screening/enrolment (Day 1): confirm eligibility; record demographics, site, ARDS severity, haemodynamics, baseline nutrition plan; obtain consent; classify exposure group within 24 hours; draw baseline labs including prealbumin, albumin, CRP, IL-6, lymphocyte count; record baseline nitrogen balance inputs.

Daily Days 1–7: abstract delivered calories and protein; capture feeding intolerance signs; record aspiration events; record rebleeding; note any procedure-related complications; record ventilator status.

Day 4: draw CRP and IL-6 per clinical schedule where available.

Day 7: repeat prealbumin, albumin, lymphocyte count, nitrogen balance; summarise feeding tolerance; ascertain any infections.

Up to ICU discharge or Day 28: ascertain ventilator-free days to Day 14; record ICU-acquired infections per site criteria; record ICU length of stay and vital status at Day 28.