



## PARTICIPANT INFORMATION SHEET (English version)

**Anesthesiology residents** are historically at **high risk of burnout**, and the coronavirus disease 2019 (COVID-19) pandemic could worsen this scenario. The prevalence of burnout risk and its associated factors in anesthesiology residents in Brazil during the COVID-19 pandemic is unknown. The primary goal of this study is to determine the prevalence of burnout risk in anesthesiology residents in Brazil during the COVID-19 pandemic. The secondary objective is to recognize individual and work-related factors related to the pandemic, which could predict the risk of burnout in this population.

### - Who can participate?

Anesthesiology residents in Brazil who are currently in their 1st, 2nd, and 3rd year of training.

### - What does the study involve?

It involves answering a survey on the internet. The survey includes five forms: (1) the Oldenburg Burnout Inventory; (2) demographic data; pandemic's impact on (3) behavior and habits, (4) psychosocial information, and (5) work environment.

### - What are the possible benefits and risks of participating?

There will be no direct benefits related to your participation. Indirect benefits include: contributing to a better understanding of the impact of the COVID-19 pandemic on the mental health of anesthesiology residents, which may help to formulate burnout syndrome prevention strategies to reduce its prevalence.

Participating in this project represents minimal risk. The questions can generate discomfort by including the screening scale for a mental disorder, a questionnaire to detail the social profile, and questions related to the effects of the COVID-19 pandemic.

### - Where is the study run from?

You will take the survey online, but the research database is located in Brazil, at Hospital Mario Covas, state of Sao Paulo.

When is the study starting and how long is it expected to run for?

Your participation will take nearly 5 minutes, and you can participate from January 12 to March 2, 2021

### Who is funding the study?

This is a self-funded study by anesthesiologists and anesthesiology residents from the Faculdade de Medicina do ABC.

### Who is the main contact?

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