

## Information and consent form

Dear Patients,

you will have the opportunity participate in an art therapy research project at the Marienheim in Peiting. In the case of a research project, the German Research Foundation (DFG) requires that the participants are fully informed and explained. For this reason, I would like to ask you to read this information and consent form carefully before deciding to participate.

**Project management:** Yvonne Kupfer M.A.

Art therapist/head of therapy

Phone: 08861/ 713922-28

Email: yvonne.kupfer@marienheim-peiting.de

**Title of research project:** Art therapy research project in a long-term institution for the mentally ill (Marienheim in Peiting) as part of a doctorate at University of Augsburg, Institute for Art Education.

**Description:** This paper addresses the question of whether therapist-guided imagery can improve communication skills in patients with chronic schizophrenia and how this is at least partially reflected in features of language when therapy progresses positively.

**Framework conditions:** The management of Marienheim strongly supports the research project and provides all necessary resources.

The attending physicians (Dr. Wöller and Dr. Koch) and the project management select the suitable patients for the research project. The attending physicians accompany the research project closely and advise the project leader throughout.

**Location and duration:** The research project will take place exclusively in the therapy rooms of the Marienheim in Peiting. The time frame of the research project extends over approximately six months, from May to October 2016.

**Course of the research project:** The art therapy research project takes place in a group of about 8 patients, once a week for 90 minutes. The tasks, the work and design also take place in the group. The picture discussion takes place in an individual therapy (15 to 30 min.) as an interview. The interview is digitally recorded and processed and evaluated by means of a computer-assisted audio analysis.

**External cooperation partners:**



Universität  
Augsburg  
University

University of Augsburg, Institute for Art Education, Supervision by Prof. Dr. C. Kirchner

- Research Association for Art Therapy (FVKT), supervised by Prof. Dr. Harald Gruber, ALANUS University of Applied Sciences Alfter near Bonn

- Dr. Markus Wolf, Research Centre for Psychotherapy (FOST), Heidelberg University Hospital
- Company PRECIRE (computer-aided audio analysis)

**Artistic works:** The artistic works (originals) created during the research project remain the property of the patients. With your signature you authorize the project management to photograph the originals and to archive or publish them anonymously only.

**Confidentiality:** Your data is of course confidential and will only be used in anonymous form. Personal information such as age, gender, diagnosis, and course of treatment do not allow any clear conclusion about your person. At no time during the research project will I ask you to give your name or other unique information.

**Voluntariness:** Your participation in this research project is voluntary. You are free to discontinue your participation at any time without incurring any disadvantages.

**Open questions:** If you have any questions about this research project, please contact the project manager mentioned above.

The above information has been explained to me and my questions about it have been answered. I know that future questions will also be answered by the project manager. With my signature I confirm that I wish to participate in the research project.

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(place and data)

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(name and signature of the participant)

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(place and data)

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(name and signature of legal guardian)