Figure 2: CONSORT 2010 Flow Diagram



Table 15: Frequency table of the categorical baseline characteristics of the randomised participants, stratified by site and randomised group

		Randomisation Allocation			Overall		
		Interventio Co n			trol		
		Ν	%	Ν	%	Ν	%
Site							
England	Total number of prisoners	46	67.6	44	68.8	90	68.2
	Ethnicity						
	White Scottish	0	0.0	0	0.0	0	0.0
	White British	45	66.2	38	59.4	83	62.9
	White Irish	0	0.0	2	3.1	2	1.5
	White Other	0	0.0	1	1.6	1	0.8
	Asian British	0	0.0	1	1.6	1	0.8
	Mixed Race	1	1.5	1	1.6	2	1.5
	Other	0	0.0	1	1.6	1	0.8
	Relationship Status						
	Single	31	45.6	33	51.6	64	48.5
	In a relationship (same sex or opposite)	14	20.6	8	12.5	22	16.7
	Married / Civil Partnership	1	1.5	2	3.1	3	2.3
	Divorced	0	0.0	1	1.6	1	0.8
	Highest Educational Achievement						
	University degree	1	1.5	0	0.0	1	0.8
	College degree	0	0.0	0	0.0	0	0.0
	A level / Highers / Advanced Highers	1	1.5	0	0.0	1	0.8
	GCSEs / Standard Grades / National Certificate	14	20.6	18	28.1	32	24.2
	Recognised Trade Apprenticeship	10	14.7	8	12.5	18	13.6
	No formal qualifications	20	29.4	18	28.1	38	28.8
Scotland	Total number of prisoners	22	32.4	20	31.3	42	31.8
	Ethnicity	17	25.0	16	25.0	33	25.0

	Randomisation			Overall		
	Allocation					
	Interventio n		Control			
	Ν	%	N	%	N	%
White Scottish						
White British	2	2.9	4	6.3	6	4.5
White Irish	0	0.0	0	0.0	0	0.0
White Other	1	1.5	0	0.0	1	0.8
Asian British	0	0.0	0	0.0	0	0.0
Mixed Race	0	0.0	0	0.0	0	0.0
Other	2	2.9	0	0.0	2	1.5
Relationship Status						
Single	13	19.1	10	15.6	23	17.4
In a relationship (same sex or opposite)	8	11.8	8	12.5	16	12.1
Married / Civil Partnership	1	1.5	2	3.1	3	2.3
Divorced	0	0.0	0	0.0	0	0.0
Highest Educational Achievement						
University degree	2	2.9	1	1.6	3	2.3
College degree	2	2.9	2	3.1	4	3.0
A level / Highers / Advanced Highers	0	0.0	0	0.0	0	0.0
GCSEs / Standard Grades / National Certificate	10	14.7	9	14.1	19	14.4
Recognised Trade Apprenticeship	3	4.4	4	6.3	7	5.3
No formal qualifications	5	7.4	4	6.3	9	6.8
Total number of prisoners	68	100. 0	64	100. 0	13 2	100. 0
Ethnicity						
White Scottish	17	25.0	16	25.0	33	25.0
White British	47	69.1	42	65.6	89	67.4
White Irish	0	0.0	2	3.1	2	1.5
White Other	1	1.5	1	1.6	2	1.5

Both sites

	Randomisation Allocation				Overall	
	Interv n	Interventio n		Control		
	Ν	%	Ν	%	Ν	%
Asian British	0	0.0	1	1.6	1	0.8
Mixed Race	1	1.5	1	1.6	2	1.5
Other	2	2.9	1	1.6	3	2.3
Relationship Status						
Single	44	64.7	43	67.2	87	65.9
In a relationship (same sex or opposite)	22	32.4	16	25.0	38	28.8
Married / Civil Partnership	2	2.9	4	6.3	6	4.5
Divorced	0	0.0	1	1.6	1	0.8
Highest Educational Achievement						
University degree	3	4.4	1	1.6	4	3.0
College degree	2	2.9	2	3.1	4	3.0
A level / Highers / Advanced Highers	1	1.5	0	0.0	1	0.8
GCSEs / Standard Grades / National Certificate	24	35.3	27	42.2	51	38.6
Recognised Trade Apprenticeship	13	19.1	12	18.8	25	18.9
No formal qualifications	25	36.8	22	34.4	47	35.6

Table 25: Descriptive statistics for primary outcome: alcohol consumption in previous 28 days according to the AUDIT-C, split by site and randomised group

			N	Mean	SD	Median	Min	Max
Both sites	Timepoin t	Randomisation Allocation						
	Baseline	Intervention	9	95.2	83.8	80.0	10.5	198.0
		Control	9	107.8	70.3	110.0	11.0	198.0
		Overall	18	101.5	75.3	104.5	10.5	198.0
	6 months follow-up	Randomisation Allocation						
		Intervention	2	10.8	0.4	10.8	10.5	11.0
		Control	1	11.0		11.0	11.0	11.0
		Overall	3	10.8	0.3	11.0	10.5	11.0
	12 months follow-up	Randomisation Allocation						
		Intervention	9	106.1	159.8	16.5	0.0	448.0
		Control	9	41.4	58.2	8.0	0.0	154.0
		Overall	18	73.8	121.3	14.5	0.0	448.0
Site	Timepoin t	Randomisation Allocation						
England	Baseline	Intervention	2	60.3	70.4	60.3	10.5	110.0
		Control	2	121.5	31.8	121.5	99.0	144.0
		Overall	4	90.9	56.9	104.5	10.5	144.0
	12 months follow-up	Randomisation Allocation						
		Intervention	2	13.5	4.2	13.5	10.5	16.5
		Control	2	117.0	52.3	117.0	80.0	154.0
		Overall	4	65.3	67.0	48.3	10.5	154.0
Scotland	Baseline	Randomisation Allocation						
		Intervention	7	105.2	89.6	80.0	11.0	198.0
		Control	7	103.9	79.6	110.0	11.0	198.0
		Overall	14	104.5	81.4	95.0	11.0	198.0

		Ν	Mean	SD	Median	Min	Max
6 months follow-up	Randomisation Allocation						
	Intervention	2	10.8	0.4	10.8	10.5	11.0
	Control	1	11.0		11.0	11.0	11.0
	Overall	3	10.8	0.3	11.0	10.5	11.0
12 months	Randomisation Allocation						
follow-up	Intervention	7	132.6	174.3	24.0	0.0	448.0
	Control	7	19.8	40.2	4.5	0.0	110.0
	Overall	14	76.2	134.9	12.0	0.0	448.0

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There were no adverse events associated with this study.