MOSAIC 2 Clinical Trial: Walking exercise behaviour-change in people with intermittent claudication

Motivating Structured walking Activity in Intermittent Claudication (Feasibility stage)

What is MOSAIC?

Intermittent claudication (IC) is the most common symptom of Peripheral Arterial Disease (PAD). MOSAIC is a multi methods research programme including The MOtivating Structured walking Activity in Intermittent Claudication randomised controlled trial.

What does it entail?

- Site needs to provide two healthcare practitioners and one outcome assessor (RDN may provide an assessor)
- Up to six in person, remote or telephone sessions (patients' preference) delivered over 3-months.
- Session duration will vary depending on content included
- First two sessions expected to be 45-60 minutes
- Remaining sessions - between 20-30 minutes.
- Acceptability and Implementability Qualitative Interviews.

After feasibility?

- Your feedback will shape the main trial
- You will continue to recruit as a site into the main phase where participants will be randomised between MOSAIC 2 and current standard of care.

Why participate?

- A unique opportunity to participate in research in this field.
- MOSAIC training will be provided to at least two qualified healthcare professionals per site.
- Sites will be Acknowledged in future publications.
- We will pay £139/patient recruited in the feasibility stage (plus general activities).
- A chance to shape future treatment in Primary Care.
- RDN support with consent/recruitment.

What is required in feasibility?

- 9-month feasibility
- 6 centres to open
- These sites will have a geographical spread and will include a diverse set of participants
- 32 participants
- Feedback from participating healthcare professionals to improve the main trial.

Who can take part?

- GP practices and community trusts (where these have vascular clinics)
- Any appropriately qualified healthcare professional who deal directly with patients with Intermittent Claudication

Contact

If you have any questions or you would like to more information please contact us using the following email address mosaic2@leicester.ac.uk

or to receive an Expression of Interest scan the QR code.