Participant flow



Baseline characteristics

	Doxofylline 400 mg
Number of subjects	309
Age (yr)	
Mean (SEM)	38.2 (0.7)
Sex	
Male	136 (44.0%)
Female	173 (56.0%)
Race	
Caucasian	251 (81.2%)
Black	37 (12.0%)
Hispanic	18 (5.8%)
Other	3 (1.0%)
Body weight (kg)	
Mean (SEM)	81.35 (1.08)
Height (cm)	
Mean (SEM)	167.66 (0.63)
% of predicted FEV_1	
Mean (SEM)	65.4 (0.5)
No. of asthma events/day	
Mean (SEM)	1.87 (0.16)
Albuterol use (puffs/day)	
Mean (SEM)	3.61 (0.33)
Precipitating factors	
Yes	297 (96.1%)
No	12 (3.9%)
Hospitalizations for asthma	
Yes	131 (42.8%)
No	178 (57.6%)
Age at onset of asthma (yr)	
Mean (SEM)	18.70 (1.00)
Years since onset	
Mean (SEM)	19.50 (0.70)

Summary of demographic and baseline data (intent-to treat subjects)

Outcome measures

Primary efficacy outcome: percent Increases in FEV₁ at primary endpoint^a (change from baseline in the value recorded 2 h after dose administration).

Treatment	n	Mean (SEM)
Doxofylline 400 mg	228	16.20 (1.70)***

***P<0.001 vs. baseline (t-test analysis). ^a Combined results from each subject's last visit during the active-treatment period, regardless of when it occurred.

Secondary efficacy outcome: percent increases in FEV₁ induced by doxofylline 400 mg during the study at different time-points (change from baseline in the value recorded 2 h after dose administration).

Months	n	Mean (SEM)
1	227	14.63 (1.54)***
3	199	18.10 (1.66)***
6	182	20.69 (2.07)***
9	173	15.46 (1.93)***
12	164	15.60 (1.87)***

***P<0.001 vs. baseline (t-test analysis).

Secondary efficacy outcome: asthma events rate (n of events/day) during the study at different time-points.

Months	n	Mean (SEM)
1	269	1.61 (0.11)
2	217	1.48 (0.13)*
3	203	1.46 (0.13)*
4	197	1.44 (0.14)*
5	195	1.47 (0.15)*
6	188	1.45 (0.21)
7	182	1.18 (0.12)**
8	177	1.21 (0.12)**
9	176	1.19 (0.12)**
10	174	1.14 (0.12)**
11	170	1.18 (0.14) **
12	168	1.30 (0.18)*

*<0.05, **P<0.01 vs. baseline (t-test analysis).

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Months	n	Mean (SEM)
1	269	2.79 (0.20)*
2	216	2.71 (0.24)*
3	203	2.59 (0.23)*
4	197	2.51 (0.24)**
5	195	2.57 (0.24)*
6	188	2.52 (0.46)*
7	182	2.12 (0.22)***
8	177	2.20 (0.22)**
9	176	2.27 (0.25)**
10	174	2.09 (0.22)***
11	170	2.06 (0.22)***
12	168	2.13 (0.25)**

Secondary efficacy outcome: albuterol use rate (n of puffs/day) during the study at different time-points.

*<0.05, **P<0.01, ***P<0.001 vs. baseline (t-test analysis).

Secondary safety outcome: summary of most common adverse events (n and %). No subjects died during or shortly after finishing the study. No subjects experienced serious adverse events.

	Doxofylline 400 mg (n=309)
Subjects with one or more	169 (54.69)
adverse event	
Body as a whole disorders	
Asthenia	12 (3.88)
Headache	44 (14.24)
Infection	7 (2.27)
Abdominal pain	13 (4.21)
Chest pain	8 (2.59)
Digestive disorders	
Anorexia	7 (2.27)
Diarrhoea	8 (2.59)
Dyspepsia	31 (10.03)
Nausea	45 (14.56)
lervous system disorders	
Dizziness	11 (3.56)
Insomnia	33 (10.68)
Nervousness	20 (6.47)
Respiratory system disorders	
Asthma	23 (7.44)
Pharyngitis	10 (3.24)

Adverse Events

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