

Best-BRA opened on 19/7/21 after a 20-month delay in set-up due to COVID-19. The average time to site opening was 310 days (range 71-557). A total of 12 UK sites were opened and 11 participants randomised over a 19-month period. The trial was closed in January 2023 due to poor recruitment. A future large-scale trial comparing pre and subpectoral IBBR in the UK was not considered feasible.

Screening logs revealed that only 22% participants screened were considered suitable for both IBBR techniques and, of these potentially eligible participants, only 41% were approached to take part in Best-BRA. Qualitative data from the QuinteT Recruitment Intervention (QRI) indicated both the lower-than-expected number of eligible patients and acceptability rates were due to a rapid adoption of pre-pectoral IBBR in the UK leading to a loss of equipoise