

# Feasibility randomised controlled trial: probiotics and milk formula to prevent allergic disease

<b>Submission date</b> 13/02/2008	<b>Recruitment status</b> Stopped	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 27/02/2008	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 10/04/2012	<b>Condition category</b> Signs and Symptoms	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Prof Aziz Sheikh

### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

CZG/2/277

# Study information

## Scientific Title

Investigating the effectiveness of primary prevention strategies using extensively hydrolysed milk formula and probiotic supplements to prevent allergic disease in high risk infants: pilot factorial randomised controlled trial

## Study objectives

The primary aim of this pilot study is to test the feasibility of administering an extensively hydrolysed milk formula, with either a placebo probiotic or probiotic, to mothers with infants at high risk of atopic disease in Scotland and compare the likely uptake and effectiveness of these interventions using a factorial randomised controlled trial. This study will inform a definitive large-scale multi-centre double blind placebo randomised controlled trial.

As of 10/04/2012, the anticipated end date of trial was updated from 31/12/2008 to 31/10/2008.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval pending from the Lothian Ethics Committee as of 13/02/2008.

## Study design

Feasibility study: 2 x 2 factorial randomised controlled design

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Prevention

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Atopic disease: asthma, atopic dermatitis, allergic rhinitis or food allergy

## Interventions

1. Probiotic or placebo probiotic: one sachet of probiotic to be mixed with 1 ml of water, taken once daily
2. Normal milk formula or extensively hydrolysed milk formula: study formula to be taken as needed

The total duration of treatment will be six months, and the total duration of follow-up for all treatment arms will be six months. The three and six month assessments will take up to one hour.

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Milk formula, probiotic

**Primary outcome measure**

1. Recruitment rate, i.e., what proportion of those invited agree to participate, measured at three months
2. Retention rate, i.e., what proportion of those enrolled complete the study, measured at the end of the study
3. Acceptability of interventions to mothers, measured at three and six month assessment
4. Parental reports of acceptability of interventions to infants, measured at three and six month assessment
5. Incidence and severity of atopic eczema at 3 and 6 months
6. Acceptability to midwives, health workers and paediatric nurse, measured at nine months

**Secondary outcome measures**

Not provided at time of registration.

**Overall study start date**

01/04/2008

**Completion date**

31/10/2008

**Reason abandoned (if study stopped)**

"Objectives no longer viable"

## Eligibility

**Key inclusion criteria**

1. Infants at high risk of atopy as judged by the mother, father or sibling having an allergic disease (asthma, allergic rhinitis, atopic dermatitis and food allergy)
2. Booked to give birth at the Royal Infirmary, Edinburgh

**Participant type(s)**

Patient

**Age group**

Child

**Sex**

Both

**Target number of participants**

36

**Key exclusion criteria**

1. Do not give informed consent
2. Multiple pregnancy
3. Delivering prior to 37 weeks gestation

**Date of first enrolment**

01/04/2008

**Date of final enrolment**

31/10/2008

## **Locations**

**Countries of recruitment**

Scotland

United Kingdom

**Study participating centre**

**Division of Community Health Sciences: GP Section**

Edinburgh

United Kingdom

EH8 9DX

## **Sponsor information**

**Organisation**

Chief Scientist Office (UK)

**Sponsor details**

St Andrews House

Edinburgh

United Kingdom

ED1 3DG

**Sponsor type**

Government

**Website**

<http://www.sehd.scot.nhs.uk/cso/>

**ROR**

<https://ror.org/01bw7zm61>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

Chief Scientist Office (UK) (ref: CZG/2/277)

**Alternative Name(s)**

CSO

**Funding Body Type**

Government organisation

**Funding Body Subtype**

Local government

**Location**

United Kingdom

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration