# EACH study: Evaluation of Array Comparative genomic Hibridisation in prenatal diagnosis of foetal anomalies

Submission date Recruitment status Prospectively registered 24/06/2013 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 24/06/2013 Completed [X] Results [ ] Individual participant data Last Edited Condition category Pregnancy and Childbirth 20/10/2017

# Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

Prof Stephen Robson

### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

11729

# Study information

## Scientific Title

EACH study: Evaluation of Array Comparative genomic Hibridisation in prenatal diagnosis of foetal anomalies

## **Acronym**

**EACH** 

## **Study objectives**

All pregnant women are offered ultrasound scans to detect fetal abnormalities, many of which are due to chromosome imbalances. Babies with chromosomal abnormalities have complex problems, usually resulting in developmental disability. Parents faced with this knowledge have to make difficult choices. Testing for chromosome problems involves an 'invasive' procedure (e. g. amniocentesis) which can cause miscarriage. Major chromosomal abnormalities can be detected quickly by a technique called PCR. Less common imbalances require the baby's cells to be grown (karyotyping) which is slow, labour intensive and only detects large (microscopic) imbalances. Array comparative genomic hybridisation (CGH) is a new molecular test that can rapidly detect smaller (sub-microscopic) imbalances. In children with developmental disability, array CGH has detected imbalances in 10% of cases. Limited experience of array CGH on fetal samples suggests it may detect 5-10% more chromosome imbalances than karyotyping. However performing and interpreting arrays is complex. The size of imbalances that can be detected depends on array design and not all imbalances cause problems some are inherited from a parent. Understanding the significance of a newly detected imbalance requires further tests on fetal and parental DNA. This study will recruit 1500 fetuses undergoing karyotyping because of a scan abnormality. Arrays will be performed and interpreted in 7 Genetics laboratories according to agreed guidelines. Clinicians/parents will be informed of large imbalances detected by array CGH but only where the outcome of such imbalance is known (based on the medical literature). In addition to determining if array CGH detects harmful chromosomal imbalances more often, more quickly and at less cost than karyotyping, the study will find out what parents and health professionals think of the new technology.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

04/01/2012, ref: 11/NE/0331

# Study design

Non-randomised; Interventional; Design type: Diagnosis, Process of Care

# Primary study design

Interventional

# Secondary study design

Non randomised study

# Study setting(s)

Other

## Study type(s)

Diagnostic

## Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

## Health condition(s) or problem(s) studied

Topic: Genetics Research and Congenital Disorders, Reproductive Health and Childb; Subtopic: Genetics Research and Congenital Disorders (all subtopics), Reproductive Health and Childb (all Subtopics); Disease: Genetics Research and Congenital Disorders, Reproductive Health & Childbirth

#### **Interventions**

Diagnosis & management of care, comparision of karyotyping test with Array CGH; Study Entry: Registration only

## Intervention Type

Other

#### Phase

Not Applicable

## Primary outcome measure

Detection of pathogenic Copy number variants (CNVs); Timepoint(s): detection of pathogenic CNVs and chromosomal imbalances by array CGH and/or karyotyping

## Secondary outcome measures

Not provided at time of registration

## Overall study start date

01/05/2012

## Completion date

01/09/2014

# Eligibility

## Key inclusion criteria

- 1. Fetuses (singleton or dichorionic twin) undergoing conventional karyotyping by amniocentesis or Chorionic villus sampling (CVS) for clinical indications with:
- 1.1. one or more structural anomalies identified on an ultrasound scan\* or
- 1.2. an isolated nuchal translucency (NT) =3.5 mm identified at the 11+2 to 14+1 wk ultrasound screening scan.
- \* Includes fetal growth restriction (defined as abdominal circumference >2 standard deviations below the mean for gestational age)
- 2. Only those fetuses with a normal qfPCR result, fetuses with a sex chromosome aneuploidy that is unlikely to explain the ultrasound anomaly e.g. XXX, XXY and XYY will undergo array CGH. This group has the highest risk of unbalanced chromosomal rearrangements [25] and recent array CGH studies suggest that they have the highest risk of pathogenic CNVs.

Cases will be recruited from selected Fetal Medicine Units (FMUs) in England and Wales. Target Gender: Male & Female; Upper Age Limit 65 years; Lower Age Limit 16 years

## Participant type(s)

Patient

## Age group

Adult

#### Sex

Both

## Target number of participants

Planned Sample Size: 3000; UK Sample Size: 3000; Description: 1500 Maternal Consents 1500 Paternal Consents

## Key exclusion criteria

- 1. Single or multiple ultrasound variants (or markers). In this context fetal cerebral ventriculomegaly (atrium = 10 mm) is classed as a structural anomaly not a normal variant.
- 2. Structural anomaly identified outside the time frame specified in the inclusion criteria
- 3. Participant declines to take part in the study
- 4. Participant is under the age of 16 years
- 5. Participant is unable to read English and understand the study information leaflet
- 6. Those fetuses with Triploidy, the common aneuploidies (Trisomy 13, 18, 21), or Monosomy X will be excluded from the study

## Date of first enrolment

01/05/2012

### Date of final enrolment

01/09/2014

# Locations

## Countries of recruitment

England

United Kingdom

Study participating centre
Institute of Cellular Medicine

Newcastle Upon Tyne United Kingdom NE1 7RU

# Sponsor information

## Organisation

Newcastle upon Tyne Hospitals NHS Foundation Trust (UK)

## Sponsor details

Northern Centre for Cancer Care Freeman Road High Heaton Newcastle upon Tyne England United Kingdom NE7 7DN

## Sponsor type

Hospital/treatment centre

## **ROR**

https://ror.org/05p40t847

# Funder(s)

## Funder type

Government

## **Funder Name**

NIHR Evaluation, Trials and Studies Coordinating Centre; Grant Codes: 10/06/03

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/02/2017		Yes	No