# Symptom QUestionnaire to Ameliorate Symptoms of Hyperemesis (SQUASH) trial

<b>Submission date</b> 18/01/2010	<b>Recruitment status</b> No longer recruiting	[ [
<b>Registration date</b> 18/05/2010	<b>Overall study status</b> Completed	[
Last Edited 02/09/2016	<b>Condition category</b> Pregnancy and Childbirth	[

[] Prospectively registered

[] Protocol

[] Statistical analysis plan

[X] Results

[] Individual participant data

# Plain English summary of protocol

Not provided at time of registration

# **Contact information**

**Type(s)** Scientific

**Contact name** Prof Henry Kitchener

# Contact details

Academic Unit of Obstetrics and Gynaecology School of Cancer and Enabling Science University of Manchester St. Mary's Hospital, 5th Floor (Research) Oxford Road Manchester United Kingdom M13 9WL

# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers PB-PG-0906-11232

# Study information

### Scientific Title

A randomised controlled trial of the 'Hyperemesis Impact Symptom Score' for individualised assessment and management of symptoms of hyperemesis gravidarum

### Acronym

SQUASH

### **Study objectives**

The medicalised model for dealing with hyperemesis gravidarum (HG) does not address all of the needs of women affected by the condition and that assessment with the 'Hyperemesis Impact Symptom Score' (HIS) questionnaire will result in more holistic and effective care.

### Ethics approval required

Old ethics approval format

Ethics approval(s) Bolton Research Ethics Committee, 28/01/2008, ref: 07/H1009/88

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Hospital

**Study type(s)** Quality of life

**Participant information sheet** Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied Hyperemesis gravidarum

**Interventions** Control group will receive standard care.

Intervention group will be asked to complete the HIS questionnaire and treatment will be tailored to their needs as described in the HIS handbook, according to the response to the questionnaire.

The intervention typically takes 30 - 60 minutes plus one telephone call at home and follow-up will be carried out at 2, 4 and 6 weeks after collection of baseline data. Those in the control arm are given standard care and follow up is carried out at 2, 4 and 6 weeks after collection of baseline data.

#### Intervention Type

Other

Phase

Not Applicable

### Primary outcome measure

Quality of life at 2 weeks post-discharge as measured by the social functioning scale of the 36item short form health survey (SF36) questionnaire.

### Secondary outcome measures

1. Quality of life as measured by the SF36 (total and subscales) at 4 and 6 weeks following discharge

2. Nausea and vomiting as measured by the Pregnancy Unique Quantification of Emesis (PUQE) score

3. Cost effectiveness of implementing the questionnaire

4. Satisfaction with care as measured by the 8-item Client Satisfaction Questionnaire

5. Number of days spent in hospital with HG and number of admissions to hospital

## Overall study start date

01/05/2008

### **Completion date**

30/04/2011

# Eligibility

### Key inclusion criteria

1. Pregnant women

2. Admitted to participating hospitals with a diagnosis of HG

3. Aged 16 years and above

4. Able to give informed consent

5. HG is defined for this study as excessive vomiting in early pregnancy which results in hospital admission

### Participant type(s)

Patient

Age group

Adult

**Sex** Female **Target number of participants** 240

**Key exclusion criteria** 1. Onset of first symptoms beyond 14 weeks gestation 2. Previously diagnosed mental health problems 3. Diabetes

Date of first enrolment 01/05/2008

Date of final enrolment 30/04/2011

# Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre University of Manchester** Manchester United Kingdom M13 9WL

# Sponsor information

**Organisation** Central Manchester University Hospitals NHS Foundation Trust (UK)

### Sponsor details

R&D Directorate Research and Innovation Directorate 1st Floor - Postgraduate Centre Manchester Royal Infirmary Oxford Road Manchester England United Kingdom M13 9WL

**Sponsor type** Hospital/treatment centre Website http://www.cmft.nhs.uk/

ROR https://ror.org/00he80998

# Funder(s)

**Funder type** Government

#### **Funder Name** National Institute for Health Research (NIHR) (UK) - Research for Patient Benefit (RfPB) programme (ref: PB-PG-0906-11232)

# **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>	results	01/11/2015		Yes	No