

# Effect of spironolactone on ischemia reperfusion injury in renal transplant recipients

<b>Submission date</b> 17/12/2012	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/01/2013	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 23/01/2013	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Ischemia and reperfusion processes are the major causes of acute kidney injury in patients receiving real tissues from a donor (this is called a renal allograft). This leads to different degrees of early post-transplant renal dysfunction. Aldosterone is a traditional treatment but has disadvantages. The aim of the study is to assess whether giving another drug called Spironolactone before and after renal transplant from living donors decreases renal damage caused by ischemia/reperfusion

### Who can participate?

You may participate if you are a patient in hemodialysis or peritoneal dialysis and you will receive a renal allograft from a living donor, you are at least 18 years old, you are male or female, you are compatible with your donor

You cannot enter this study if you receive two or more organs simultaneously and if you receive allograft from a deceased donor.

### What does the study involve?

Participants will be randomly allocated to one of three groups of treatment (Spironolactone 50 mg, Spironolactone 100 mg or dummy). All treatments look identical (1 capsule). Neither you nor your doctors will be able to know or decide which group you are in. You will take the capsule twice a day, three days before transplant surgery and five days after your surgery. The doctors will ask your permission to get a sample of blood and urine before transplant surgery and at days 1, 5 after transplant. They will use the samples to carry out routine laboratory tests in the laboratory that may help them to compare renal function recovery and biomarkers of renal injury. At day five after your surgery your participation will be completed.

### What are the possible benefits and risks of participating?

The most common side effect of spironolactone is hyperkalemia (high level of serum potassium).

### Where is the study run from?

This study will recruit 60 patients a year from the Transplant Department at Instituto Nacional de Ciencias Médicas Salvador Zubiran in México City, Hospital General de Mexico and Centro Médico Nacional Siglo XXI.

When is the study starting and how long is it expected to run for?  
From January 2013 to .May 2014.

Who is funding the study?  
Mexican Council of Science and Technology and National University of Mexico grants.

Who is the main contact?  
Dr Luis E. Morales-Buenrostro  
Dr Norma A. Bobadilla, norma.bobadillas@quetzal.innsz.mx

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Norma A Bobadilla

**Contact details**  
Vasco de Quiroga no.  
15 Col. Sección XVI  
D.F  
Mexico  
14000  
+52 (0) 555 5485-2676  
norma.bobadillas@quetzal.innsz.mx

## Additional identifiers

**Protocol serial number**  
REF 421

## Study information

**Scientific Title**  
Effect of mineralocorticoid receptor blockade on ischemia / reperfusion injury in renal transplant recipients: A pilot study

**Study objectives**  
Spironolactone reduces the tubular damage and oxidative stress in renal transplant patients from living donor.

**Ethics approval required**  
Old ethics approval format

**Ethics approval(s)**  
Ethical Committee of National Institute of Medical Sciences and Nutrition (Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubiran), January 2012, Ref 421

**Study design**

Double-blind randomized placebo-controlled clinical pilot study

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Ischemia reperfusion injury

**Interventions**

The patients will be randomized to receive 50 or 100 mg of spironolactone (Sp) or placebo orally twice daily (BID), 3 days prior to transplant surgery and 50 or 100 mg of Sp or placebo orally BID during three consecutive days after transplantation.

**Intervention Type**

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

Spironolactone

**Primary outcome(s)**

Reduction of urinary biomarkers of kidney injury [ Heat shock protein 72 (HsP72), Interleukin-18 (IL-18), kidney injury molecule-1 (KIM-1)] at baseline, day 1, and 5 post transplantation.

**Key secondary outcome(s)**

1. Reduction of oxidative stress
2. Change in urinary hydrogen peroxide excretion
3. Change in urinary nitrates excretion

All measures at baseline, day 1, and 5 post transplantation

**Completion date**

01/05/2014

**Eligibility****Key inclusion criteria**

1. Age of 18 years or older, male and female
2. Receipt of a live-donor kidney

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Multi-organ transplant
2. Deceased-donor kidney
3. Induction with thymoglobuline

**Date of first enrolment**

01/01/2013

**Date of final enrolment**

01/05/2014

**Locations****Countries of recruitment**

Mexico

**Study participating centre**

Vasco de Quiroga no.

D.F

Mexico

14000

**Sponsor information****Organisation**

Mexican Council of Science and Technology (Consejo Nacional de Ciencia y Tecnología CONACyT)  
(Mexico)

**ROR**

<https://ror.org/059ex5q34>

**Funder(s)**

**Funder type**  
Government

**Funder Name**  
Health Sector Grant from Mexican Council of Science and Technology (Fondo Sectorial Salud 2012) (Mexico) Project: SALUD-2012-01-181267

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration