Comparison of three methods to facilitate orotracheal fibreoptic intubation

Submission date Recruitment status Prospectively registered 12/09/2003 No longer recruiting [] Protocol [] Statistical analysis plan Registration date Overall study status 12/09/2003 Completed [X] Results Individual participant data **Last Edited** Condition category 08/11/2022 Surgery

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr JE Smith

Contact details

Anaesthetics
Selly Oak Hospital
Birmingham
United Kingdom
B29 6JD
+44 (0)121 627 1627
none@example.com

Additional identifiers

Protocol serial number

N0265109342

Study information

Scientific Title

Comparison of three methods to facilitate orotracheal fibreoptic intubation

Study objectives

The object of the study is to determine whether laryngoscope-assisted fibreoptic intubation results in better airway clearance and a shorter intubation time than other methods of fibreoptic intubation, and also to determine if laryngoscope-assisted fibreoptic intubation reduces the cardiovascular response to intubation.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Surgery: Intubation

Interventions

The investigators will carry out the normal bedside assessment of the airways of patients who require orotracheal intubation as part of their anaesthetic management. If a patient presents one of the criteria for difficult intubation {viz Mallampati class III or IV, thyromental distance <6.5 cm, interincisor distance between 3 and 5 cm, protruding upper teeth, small mouth or mandible or reduced neck mobility) he or she will be invited to take part in the trial. He or she will then be scheduled for an orotracheal fibreoptic intubation, since this is the most appropriate treatment when there is an increased risk of difficult intubation.

A normal general anaesthetic will be given comprising pre-oxygenation with 100% oxygen, induction with fentanyl (l mcg/kg) and propofol (2.5 mg/kg) and ventilation of the lungs with oxygen, nitrous oxide and isoflurane (0.5% end-tidal) with the aid of a Guedel airway. After confirmation of easy ventilation of the lungs, atracurium (0.5 mg/kg) will be given and mask ventilation will be continued until muscular relaxation is complete.

Immediately before intubation, patients will be randomised to have one of three manoeuvres to facilitate fibreoptic intubation:

- 1. Jaw thrust while keeping the mouth open together with lingual traction applied using Duval's forceps.
- 2. The insertion of a Berman airway into the mouth.
- 3. The insertion of a Macintosh size 3 laryngoscope into the mouth, placing its tip into the vallecula and lifting the tongue anteriorly.

The following timings will be made on every patient:

- 1. Endoscopy time the time for the fibrescope to pass from the lips to the carina and
- 2. Intubation time the time from the fibrescope passing between the lips to the detection of carbon dioxide by the gas analyser.

Heart rate, non-invasive blood pressure and pulse oximetry will be measured and recorded at 1 min intervals throughout the procedure. After intubation, the patient's surgery will commence. The patients will be reviewed in the Recovery area and on the first postoperative day, on the general ward. The presence of pharyngeal or lingual discomfort will be assessed and graded as mild, moderate or severe.

If the oxygen saturation falls below 97% at any time, or the electrocardiogram (ECG) or blood pressure (BP) readings fall outside normal limits, or if the endoscopy is not completed with 60 s, or if there is any concern for the patient's safety, the study period will end and appropriate action will be taken to treat the patient and facilitate endotracheal intubation.

Intervention Type

Procedure/Surgery

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s))

Not provided at time of registration

Completion date

07/03/2008

Eligibility

Key inclusion criteria

45 Patients will be recruited to the study.

- 1. Aged 16-65
- 2. American Society of Anesthesiologists (ASA) 1 or 2
- 3. Undergoing elective procedures requiring orotracheal intubation
- 4. Presenting one clinical sign predicting difficult intubation
- 5. Giving informed written consent.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

- 1. Cardiovascular or cerebrovascular disease
- 2. Diabetes
- 3. Autonomic neuropathy
- 4. Patients taking vasoactive drugs
- 5. Oesophageal reflux
- 6. Morbid obesity (Body Mass Index [BMI] >35)
- 7. Fixed flexion deformity of the spine
- 8. Patients known to be difficult intubations
- 9. Patients demonstrating multiple clinical signs which in combination strongly predict difficult intubation

Date of first enrolment

07/05/2002

Date of final enrolment

07/03/2008

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Anaesthetics

Birmingham United Kingdom B29 6JD

Sponsor information

Organisation

Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

University Hospital Birmingham NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

Not provided at time of registration

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient- facing?
Results article	comparison of two methods of fibrescope-guided tracheal intubation	01/05 /1991		Yes	No
Participant information sheet	Participant information sheet	11/11 /2025	11/11 /2025	No	Yes