

The effectiveness of support groups for people suffering from psychosis: a randomised controlled trial

Submission date

22/11/2006

Recruitment status

No longer recruiting

Registration date

22/11/2006

Overall study status

Completed

Last Edited

30/03/2011

Condition category

Mental and Behavioural Disorders

☐ Prospectively registered

☐ Protocol

☐ Statistical analysis plan

☒ Results

☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Study website

<http://www.rgoc.nl>

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title

Study objectives

Participation in support groups leads to an improvement in quality of life, social support, social network, self-efficacy and self-esteem.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Medisch Ethische Toetsingscommissie of the University Medical Center Groningen, Groningen, The Netherlands, approval received on May 2, 2003 (reference number: METC 2003/053).

Study design

Randomised controlled, parallel armed trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Schizophrenia, Psychosis

Interventions

Meetings with approximately ten patients, were held every two weeks with minimal professional guidance. Topics of discussion were put forward by the participants. All procedures were protocolised.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Quality of Life: World Health Organisation (WHO) Quality of Life brief

Secondary outcome measures

1. Social support
2. Social network
3. Self-efficacy
4. Self-esteem
5. Psychopathology

Overall study start date

01/02/2003

Completion date

01/12/2007

Eligibility

Key inclusion criteria

1. Suffered from one or more psychotic episodes
2. Outpatient
3. 18 years or older

Participant type(s)

Patient

Age group

Not Specified

Lower age limit

18 Years

Sex

Not Specified

Target number of participants

106

Key exclusion criteria

1. Drug- or alcohol misuse
2. Suffering from psychotic symptoms that influence the group process

Date of first enrolment

01/02/2003

Date of final enrolment

01/12/2007

Locations

Countries of recruitment

Netherlands

Study participating centre

University Medical Center Groningen

Groningen

Netherlands

9700 RB

Sponsor information

Organisation

University Medical Center Groningen (UMCG) (The Netherlands)

Sponsor details

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Sponsor type

Hospital/treatment centre

ROR

<https://ror.org/03cv38k47>

Funder(s)

Funder type

Research organisation

Funder Name

The Netherlands Organization for Health Research and Development (ZonMw) (Netherlands)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Abstract results		01/04/2005		No	No
Results article	results	01/02/2011		Yes	No