# Hope for chronically suicidal patient: evaluating the clinical and health services impact of dialectical behaviour therapy (DBT) in individuals with borderline personality disorder

Submission date	<b>Recruitment status</b> No longer recruiting	Prospectively registered		
16/11/2005		☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
16/11/2005		[X] Results		
<b>Last Edited</b> 21/09/2009	<b>Condition category</b> Mental and Behavioural Disorders	Individual participant data		

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Shelley Frances McMain

#### Contact details

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# Additional identifiers

Protocol serial number

MCT-58343

# Study information

#### Scientific Title

Evaluating the clinical and health services impact of dialectical behaviour therapy (DBT) in individuals with borderline personality disorder: a randomised controlled trial

#### **Study objectives**

To evaluate the clinical and cost effectiveness of dialectical behaviour therapy (DBT) for chronically suicidal patients with borderline personality disorder (BPD).

### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Research Ethics Board of Centre for Addiction and Mental Health, University of Toronto approved on 28th October 2002

### Study design

Randomised controlled trial

## Primary study design

Interventional

#### Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Borderline personality disorder (BPD)

#### **Interventions**

- 1. Dialectical behaviour therapy (Linehan, 1993)
- 2. General Psychiatric Management based on the American Psychiatric Association (APA) practice guidelines

Trial details received: 12 Sept 2005

## Intervention Type

Other

#### Phase

Not Applicable

### Primary outcome(s)

Parasuicidal behaviour

## Key secondary outcome(s))

- 1. Psychiatric hospitalisation
- 2. Psychiatric symptoms
- 3. Anger
- 4. Treatment retention
- 5. Social functioning

#### Completion date

# **Eligibility**

### Key inclusion criteria

- 1. Meet Diagnostic and Statistical Manual of Mental Disorders, Fourth edition (DSM-IV) criteria for BPD
- 2. Be between 18 60 years of age, either sex
- 3. Have had two Para-suicide episodes in the past 5 years with one occurring in the past 3 months
- 4. Have had OHIP insurance coverage for 1 year or more
- 5. Be literate in English
- 6. Provide informed consent to participate in study
- 7. Agree to be compliant with prescribed psychotropic medication(s)

### Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Adult

#### Lower age limit

18 years

#### Sex

All

#### Key exclusion criteria

- 1. Current active substance dependence disorder
- 2. Psychotic disorder, bipolar or dementia
- 3. Evidence of an organic brain syndrome or mental retardation
- 4. Chronic or serious physical health problem that may require hospitalisation with the next year
- 5. Medical condition that would preclude the psychiatric medication regimen
- 6. Currently engaged in DBT or in GPM at St Michael's Hospital

#### Date of first enrolment

01/10/2002

#### Date of final enrolment

30/09/2007

# Locations

#### Countries of recruitment

Canada

Study participating centre
Centre for Addiction and Mental Health
Toronto
Canada
M5S 2S1

# Sponsor information

### Organisation

The Centre for Addiction and Mental Health (Toronto) (Canada)

#### **ROR**

https://ror.org/03e71c577

# Funder(s)

## Funder type

Research organisation

#### **Funder Name**

Canadian Institutes of Health Research (CIHR) (Canada) - http://www.cihr-irsc.gc.ca (ref: MCT-58343)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2009		Yes	No