

# Enhancing adoptive parenting: a randomised controlled trial of the effectiveness, and comparative costs, of routine services compared with the addition of two specific interventions designed to enhance adoptive parenting of children placed from care

<b>Submission date</b> 01/03/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 01/04/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 08/10/2010	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

036/02; NRR: N0042132119

## **Study information**

**Scientific Title**

### **Study objectives**

To list the clinical and cost-effectiveness of early post-placement intervention with adoptive parents looking after children placed from care.

Please note as of 03/12/2008 this record was updated to include the extension to the anticipated end date. This trial was initially planned to finish on the 31st March 2007.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Joint South London and Maudsley/Institute of Psychiatry Research Ethics Committee, Kings College London gave approval on the 15th March 2002 (ref: 036/02; 'Comparing types of support for adoptive families')

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

Other

### **Study type(s)**

Quality of life

### **Participant information sheet**

### **Health condition(s) or problem(s) studied**

Psycho-social problems of children adopted from care

### **Interventions**

**Intervention A:**

Standard social work support service, plus 10 weekly sessions of a manualised home based cognitive behavioural intervention to enhance parenting.

**Intervention B:**

Standard social work support service, plus 10 weekly sessions of a manualised home based educational programme on child maltreatment and its consequences.

**Intervention C:**

Standard social work support service, plus Intervention A or B after nine months (when follow up extra interventions completed).

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome measure**

Strengths and difficulties questionnaires (SDQ) and impact supplement. Outcomes were measured immediately post-intervention and again 6 months later.

**Secondary outcome measures**

1. Adoption problem check list
2. User satisfaction
3. Intervention-based assessment of parenting change
4. Daily hassles
5. Expression of feelings questionnaire
6. Teacher ratings of SDQ

Outcomes were measured immediately post-intervention and again 6 months later.

**Overall study start date**

01/11/2002

**Completion date**

31/12/2007

**Eligibility****Key inclusion criteria**

Families who, within the past year, have had a child placed for adoption from local authority care.

**Participant type(s)**

Patient

**Age group**

Child

**Sex**

Both

**Target number of participants**

180

**Key exclusion criteria**

1. Placed children who have major physical or learning difficulties
2. Placed children not showing sufficient difficulties to warrant the intervention
3. Foster families becoming adopters

**Date of first enrolment**

01/11/2002

**Date of final enrolment**

31/12/2007

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Section of Social Work and Social Care**

London

United Kingdom

SE5 8AF

## **Sponsor information**

**Organisation**

King's College London (UK)

**Sponsor details**

Institute of Psychiatry

De Crespigny Park

London

England

United Kingdom

SE5 8AF

G.Dale@iop.kcl.ac.uk

**Sponsor type**

University/education

**Website**

<http://www.iop.kcl.ac.uk/>

**ROR**

<https://ror.org/0220mzb33>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

Department for Education and Skills (DfES) (UK)

**Funder Name**

Nuffield Foundation (UK)

**Alternative Name(s)****Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Trusts, charities, foundations (both public and private)

**Location**

United Kingdom

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
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[Results article](#)

results

01/10/2010

Yes

No