# Combination pharmacotherapy for the management of pain (2008)

Submission date Recruitment status [X] Prospectively registered 29/07/2009 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 03/08/2009 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 05/05/2016 Nervous System Diseases

# Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

Dr Ian Gilron

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

MCT-94187; ANAE-151-09

# Study information

#### Scientific Title

A double-blind, randomised controlled trial of nortriptyline, morphine, and their combination for neuropathic pain

#### Study objectives

A combination of morphine and nortriptyline has superior analgesic efficacy versus either drug alone for reducing neuropathic pain.

#### Ethics approval required

Old ethics approval format

## Ethics approval(s)

Queen's University Research Ethics Board, 23/03/2009

#### Study design

Double-blind randomised three-period crossover trial

#### Primary study design

Interventional

#### Secondary study design

Randomised cross over trial

## Study setting(s)

Hospital

# Study type(s)

Treatment

# Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

Neuropathic pain

#### **Interventions**

- 1. Morphine-nortryptyline combination
- 2. Morphine
- 3. Nortriptyline

As per a double-dummy, balanced Latin Square design, trial medications are administered orally in three different treatment periods. In each of the three periods, doses of nortriptyline, morphine and the two in combination are gradually titrated - over 24 days - towards each individual maximal tolerated dose and continued at that dose for seven days followed by an 11 day taper-washout period. Ceiling doses are 100 mg daily for both nortriptyline and morphine. Total duration of follow-up is 8 months.

#### Intervention Type

Drug

#### **Phase**

Phase IV

#### Drug/device/biological/vaccine name(s)

Morphine, nortriptyline

#### Primary outcome measure

Daily pain intensity. Patient follow-up for primary and secondary outcomes were recorded during treatment at maximal tolerated dose (i.e. day 25 - 31) for each treatment period.

#### Secondary outcome measures

- 1. Global pain relief, measures of sedation, constipation, other side effects and maximal tolerated drug doses
- 2. Short form McGill Pain Questionnaire-2
- 3. Brief Pain Inventory
- 4. Beck Depression Inventory
- 5. 36-item short form health survey (SF-36)
- 6. Blinding questionnaires
- 7. Acetaminophen consumption
- 8. Serum drug levels

Daily pain intensity. Patient follow-up for primary and secondary outcomes were recorded during treatment at maximal tolerated dose (i.e. day 25 - 31) for each treatment period.

## Overall study start date

01/11/2009

#### Completion date

30/10/2012

# **Eligibility**

#### Key inclusion criteria

- 1. Neuropathic pain
- 2. Daily moderate (greater than or equal to 4/10) pain for at least 3 months
- 3. Adults aged 18 to 89 years, either sex
- 4. Liver function tests: alanine aminotransferase (ALT), aspartate aminotransferase (AST) less than 1.2 times upper limit of normal
- 5. Creatinine less than 1.5 times upper limit of normal
- 6. Negative serum beta-human chorionic gonadotrophin (B-HCG) for women of childbearing potential
- 7. Adequate birth control for all women of child-bearing potential
- 8. Sufficient cognitive function, visual acuity and English language skills to complete questionnaires and communicate verbally with the nursing staff to permit titration of the study drugs

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

# Target number of participants

71

#### Key exclusion criteria

- 1. Painful condition as severe as, but distinct from presenting neuropathic pain
- 2. Pregnancy or lactation
- 3. End-stage kidney or liver disease
- 4. Moderate to severe heart disease (myocardial infarction [MI] within preceding year, unstable angina, cardiac conduction defect or congestive heart failure)
- 5. Cardiovascular autonomic neuropathy
- 6. Postural hypotension greater than 20 mmHg on initial assessment
- 7. Males with urinary symptoms attributable to benign prostatic hypertrophy
- 8. Patients who live alone and cannot assure daily contact with a friend, family member or caregiver
- 9. Angle-closure glaucoma
- 10. Ongoing administration of monoamine oxidase inhibitors, serotonin-specific reuptake inhibitors, serotonin-norepinephrine inhibitors
- 11. Any serious psychiatric disorder as diagnosed by a psychiatrist (including bipolar disorder)
- 12. Seizure disorder
- 13. Ongoing administration of anticonvulsants which induce cytochrome P450 enzymes (e.g. carbamazepine, oxcarbazepine, barbiturates and phenytoin) as well as rifampin
- 14. Hypersensitivity to, or previous intolerability of, any of the study medications
- 15. History of significant abuse of illicit drugs, prescription drugs or alcohol

#### Date of first enrolment

01/11/2009

#### Date of final enrolment

30/10/2012

# Locations

#### Countries of recruitment

Canada

## Study participating centre Kingston General Hospital Kingston

# Sponsor information

#### Organisation

Queen's University (Canada)

#### Sponsor details

Department of Anesthesiology 99 University Avenue Kingston, Ontario Canada K7L 3N6

#### Sponsor type

University/education

#### Website

http://www.queensu.ca/

#### **ROR**

https://ror.org/02y72wh86

# Funder(s)

## Funder type

Research organisation

#### **Funder Name**

Canadian Institutes of Health Research (CIHR) (Canada) - http://www.cihr-irsc.gc.ca (ref: MCT-94187)

#### Alternative Name(s)

Instituts de Recherche en Santé du Canada, Canadian Institutes of Health Research (CIHR), CIHR IRSC, Canadian Institutes of Health Research | Ottawa ON, CIHR, IRSC

# **Funding Body Type**

Government organisation

## Funding Body Subtype

National government

#### Location

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

**Study outputs** 

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2015		Yes	No