# A patient-centred educational intervention to improve the choice of living kidney donation among renal transplant recipients: a randomised controlled trial

Submission date	Recruitment status	[X] Prospectively registered
04/05/2007	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
22/05/2007	Completed	Results
Last Edited	Condition category	Individual participant data
23/09/2021	Urological and Genital Diseases	Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Brenda Hemmelgarn

### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

# Secondary identifying numbers

N/A

# Study information

### Scientific Title

A patient-centred educational intervention to improve the choice of living kidney donation among renal transplant recipients: a randomised controlled trial

### **Study objectives**

That a targeted education intervention will eliminate barriers to living donation and improve the choice of living donation for the treatment of end-stage renal disease.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Approval received from the ethics board of the University of Calgary on the 19th April 2007 (ref: E-20817).

### Study design

Single-centre randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

## Study type(s)

Quality of life

### Participant information sheet

### Health condition(s) or problem(s) studied

End stage renal disease/living kidney donation

### **Interventions**

Interventions:

A brief booklet will be provided upon enrolment of the study, followed by a two hour education session that occurs only once, targeting modifiable barriers to living donation.

#### Control:

The control group is current care (treatment as usual). Currently, treatment as usual education is received from several sources at varying points in time during their transplant workup.

All patients are followed for a total of three months to determine the outcome. Both groups also fill out a baseline questionnaire and a follow-up questionnaire at six weeks after enrolment.

### Intervention Type

Other

#### Phase

**Not Specified** 

### Primary outcome measure

The intent to choose living donation as measured by a phone call to the living donor program by a donor on behalf of a participant; this will be measured at three months.

### Secondary outcome measures

An improvement in knowledge and attitudes towards living donation as measured by a change in questionnaire score from baseline; this will be measured at six weeks.

### Overall study start date

01/06/2007

### Completion date

01/06/2009

# **Eligibility**

### Key inclusion criteria

Patients who are potentially eligible for a kidney transplant, including:

- 1. New referrals to the transplant clinic
- 2. Patients who are in the process of getting a transplant workup
- 3. Those who are active on the transplant waiting list

### Participant type(s)

Patient

### Age group

**Not Specified** 

#### Sex

**Not Specified** 

# Target number of participants

230

### Key exclusion criteria

- 1. Patients less than 18 years of age
- 2. Patients who are not fluent in the English language
- 3. Patients with impaired cognitive function
- 4. Patients who are not eligible to continue with the transplant workup process
- 5. Patients who have already identified a living donor

# Date of first enrolment 01/06/2007

# **Date of final enrolment** 01/06/2009

# Locations

# **Countries of recruitment**Canada

Study participating centre Foothills Medical Centre Calgary Canada T2N 2T9

# Sponsor information

### Organisation

University of Calgary (Canada)

### Sponsor details

Division of Nephrology Department of Medicine 1403 29th Street NW Calgary Canada T2N 2T9

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brenda.hemmelgarn@calgaryhealthregion.ca

## Sponsor type

University/education

### Website

http://www.ucalgary.ca/

### **ROR**

https://ror.org/03yjb2x39

# Funder(s)

### Funder type

University/education

### Funder Name

University of Calgary (Canada) - Division of Nephrology, Faculty of Medicine

### Funder Name

Alberta Kidney Disease Network (Canada)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration