A randomised, multicentre, open label, phase Il study to evaluate the safety, tolerability, pharmacokinetics and the effects on liver iron concentration of repeated doses of 10 mg/kg /day of ICL670 relative to deferoxamine in sickle cell disease (SCD) patients with transfusional haemosiderosis

Submission date 23/07/2003	<b>Recruitment status</b> No longer recruiting	[X] Prospectively registered	
23/01/2003		☐ Protocol	
Registration date	Overall study status Completed	Statistical analysis plan	
05/09/2003		[X] Results	
Last Edited	Condition category	Individual participant data	
21/03/2016	Haematological Disorders		

# Plain English summary of protocol

Not provided at time of registration

# **Contact information**

# Type(s)

Scientific

#### Contact name

Dr Elliot Vichinsky

#### Contact details

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# Additional identifiers

Clinical Trials Information System (CTIS)

## ClinicalTrials.gov (NCT)

NCT01090323

#### Protocol serial number

CICL670 0109

# Study information

#### Scientific Title

A randomised, multicentre, open label, phase Il study to evaluate the safety, tolerability, pharmacokinetics and the effects on liver iron concentration of repeated doses of 10 mg/kg/day of ICL670 relative to deferoxamine in sickle cell disease (SCD) patients with transfusional haemosiderosis

#### Acronym

ICL109

## **Study objectives**

The primary objective of this randomised, open-label, phase II trial was to evaluate the safety and tolerability of deferasirox in comparison with deferoxamine.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

The trial was conducted in accordance with the Declaration of Helsinki. Institutional Review Board approval was obtained at each participating institution and written informed consent was obtained from all patients or guardians prior to participation in any study procedures.

## Study design

Randomised controlled trial

#### Primary study design

Interventional

### Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Sickle cell disease (SCD)

#### Interventions

The study duration was 52 weeks. The initial 24 patients enrolled were randomised to receive deferasirox 10 mg/kg or deferoxamine at recommended doses of 20 - 60 mg/kg based on initial liver iron concentration (LIC).

Subsequently, additional safety information became available for deferasirox suggesting a need to modify the starting dose. Therefore, following the enrolment of the first 24 patients, the

study was amended so that all subsequent patients randomised to deferasirox were dosed at 10 - 30 mg/kg according to baseline LIC.

Deferasirox was given once daily each morning as a dispersed solution in water, half-an-hour before breakfast.

Deferoxamine was administered as a slow subcutaneous infusion over 8 - 12 hours using electronic Microject Chrono® (Medical Technology, Turin, Italy) infusion pumps on 5 - 7 days a week.

#### Intervention Type

Drug

#### Phase

Phase II

## Drug/device/biological/vaccine name(s)

Deferasirox (ICL670), deferoxamine (DFO)

## Primary outcome(s)

Safety assessments:

- 1. Laboratory assessments: performed monthly and included complete blood counts with differential counts:
- 1.1. Biochemistry testing (electrolytes, glucose, liver function tests, gamma-glutaryl-transferase, lactate dehydrogenase, cholesterol, triglycerides, uric acid, total protein, C-reactive protein, copper and zinc level)
- 1.2. Iron parameters (total iron, transferrin, transferrin saturation and ferritin)
- 1.3. Urinary testing performed on random collections (determination of creatinine, total protein and albumin)
- 2. Physical examinations (electrocardiograms [ECG], audiometry and ophthalmological tests) were performed at baseline, 12, 24, 36 and 52 weeks
- 3. In patients less than 16 years of age, additional assessments included growth velocity and pubertal stage

# Key secondary outcome(s))

Efficacy assessments:

- 1. Liver iron concentration: determined by superconducting quantum interference device (SQUID) biosusceptometry at baseline, 24 and 52 weeks
- 2. Serum ferritin: assessed monthly during the study and the change was determined using the baseline and final ferritin level

## Compliance:

- 1. For deferasirox, compliance was assessed by counting the number of tablets returned in bottles at each visit
- 2. For deferoxamine, the numbers of vials returned at each visit were counted

# Completion date

01/01/2006

# **Eligibility**

## Key inclusion criteria

Patients with SCD requiring chronic blood transfusions to prevent complications (stroke, chest syndrome) and thus developing transfusional iron overload requiring chronic chelation therapy.

## Participant type(s)

Patient

## Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

All

## Key exclusion criteria

- 1. Serum creatinine above the upper limit of normal (ULN)
- 2. Significant proteinuria (as indicated by a urinary protein:creatinine ratio of greater than or equal to 0.5 confirmed at two visits)
- 3. Active hepatitis B or C:
- 3.1. Active hepatitis B defined as liver function tests above the normal range, together with a positive antigen (hepatitis B e antigen, hepatitis B surface antigen) test or positive immunoglobulin M (IgM) core antibody test in conjunction with a negative hepatitis B surface antibody test
- 3.2. Active hepatitis C defined as liver function tests above the normal range in the presence of a positive hepatitis C antibody test and detectable hepatitis C ribonucleic acid (RNA) levels
- 4. Second and third atrioventricular block
- 5. QT interval prolongation
- 6. Therapy with digoxin or similar medications (treatment with  $\beta$ -blockers or angiotensin-converting enzyme inhibitors was permitted)
- 7. Chelation therapy-associated ocular toxicity

#### Date of first enrolment

01/01/2004

#### Date of final enrolment

01/01/2006

# Locations

#### Countries of recruitment

United Kingdom

Canada

France

Italy

Study participating centre Children's Hospital & Research Center at Oakland Oakland United States of America 94609-1809

# Sponsor information

#### Organisation

Novartis Pharmaceuticals Corporation (USA)

#### **ROR**

https://ror.org/028fhxy95

# Funder(s)

## Funder type

Industry

#### **Funder Name**

**Novartis Pharmaceuticals Corporation** 

#### Alternative Name(s)

Novartis Pharmaceuticals Corp., Novartis United States, Novartis, Novartis United States of America, Novartis Corporation, Novartis US, NPC

## **Funding Body Type**

Private sector organisation

#### Funding Body Subtype

For-profit companies (industry)

#### Location

United States of America

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

# Study outputs

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Results article	results	01/02/2007	Yes	No
Basic results			No	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	No	Yes