

# Screening and Intervention Programme for Sensible drinking - Primary Health Care

<b>Submission date</b>	<b>Recruitment status</b>	<input type="checkbox"/> Prospectively registered
30/04/2007	No longer recruiting	<input checked="" type="checkbox"/> Protocol
<b>Registration date</b>	<b>Overall study status</b>	<input type="checkbox"/> Statistical analysis plan
08/06/2007	Completed	<input checked="" type="checkbox"/> Results
<b>Last Edited</b>	<b>Condition category</b>	<input type="checkbox"/> Individual participant data
22/02/2013	Mental and Behavioural Disorders	

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Prof Colin Drummond

### Contact details

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National Addiction Centre, PO48  
Division of Psychological Medicine and Psychiatry  
Institute of Psychiatry, King's College London  
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## Additional identifiers

### Protocol serial number

SIPS-PHC

## Study information

### Scientific Title

Pragmatic cluster randomised controlled trial evaluating the effectiveness and cost-effectiveness of primary health care screening and brief alcohol intervention

**Acronym**

SIPS (PHC)

**Study objectives**

The more intensive brief interventions for hazardous and harmful drinkers will be more effective, as follows: lifestyle counselling is more effective than simple structured advice, which is in turn more effective than a patient information leaflet.

As of 11/03/2009 this record was updated to include an extended anticipated end date; the initial end date at the time of registration was 31/12/2008. At this time, the sponsor field was also updated to include the current sponsor of Institute of Psychiatry, King's College London (UK). The initial sponsor at the time of registration was St George's University of London (UK).

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

London Local Research Ethics Committees (LREC) approved on the 30th March 2007 (ref: 06 /MRE02/90)

**Study design**

Pragmatic cluster randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Quality of life

**Health condition(s) or problem(s) studied**

Hazardous alcohol consumption in primary care

**Interventions**

1. Control condition: Practices in the control condition will record the screening outcome, feedback the result of screening to patients and offer them a Patient Information Leaflet (PIL).

The PIL to be used in this trial Alcohol and Sensible Drinking is readily available to Primary Health Care (PHC) clinicians via the EMIS computer system and contains details of a Drinkline telephone number. We will ensure that practice not using EMIS have a comparable written PIL available.

2. Simple structured advice: Clinicians who may be GPs or primary care nurses will feed back the results of screening to patients and deliver up to 5 minutes of simple structured advice, using the Drink-Less brief intervention materials (level 1), and offer them a PIL identical to that in the control condition.

3. Brief lifestyle counselling: Clinicians who may be GPs or primary care nurses will feedback the results of screening to patients and deliver 15-20 minutes of lifestyle counselling using the Drink-Less brief intervention materials (level 2).

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Alcohol Use Disorders Identification Test (AUDIT) at baseline and 6 months.

**Key secondary outcome(s)**

The following will be assessed at baseline and 6 months:

1. EQ-5D questionnaire (quality of life assessment)
2. Service utilisation
3. Alcohol Problems Questionnaire
4. Staff attitudinal and organisational measure

**Completion date**

30/06/2010

## Eligibility

**Key inclusion criteria**

1. Positive screening result on Fast Alcohol Screen Test (FAST) or the Single Alcohol Screening Questionnaire (SASQ)
2. Patient who is alert and orientated
3. Aged 18 or over, either sex
4. Able to speak English sufficiently well to complete study questionnaires
5. Resident within England

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Patients already in contact with alcohol services
2. Those already included in the study
3. Those requesting tertiary level help with alcohol problems
4. Significant psychiatric disorder

**Date of first enrolment**

01/04/2007

**Date of final enrolment**

30/06/2010

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

Section of Alcohol Research

London

United Kingdom

SE5 8BB

## Sponsor information

**Organisation**

Institute of Psychiatry, Kings College London (UK)

**ROR**

<https://ror.org/0220mzb33>

## Funder(s)

**Funder type**

Government

**Funder Name**

Department of Health (UK) - part of an action under the governments Alcohol Harm Reduction Strategy for England (2004)

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	09/01/2013		Yes	No
<a href="#">Protocol article</a>	protocol	10/08/2009		Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes