

# Tadalafil: effects on blood pressure and arterial stiffness in systolic hypertension

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 10/09/2008	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Ian B Wilkinson

**Contact details**  
Clinical Pharmacology Unit  
Level 3, ACCI  
Box 110  
Addenbrooke's NHS Trust  
Cambridge  
United Kingdom  
CB2 2QQ  
+44 (0)1223 336806  
ibw20@cam.ac.uk

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0544129338

# Study information

## Scientific Title

### Study objectives

Does the selective phosphodiesterase-5 inhibitor tadalafil reduce arterial stiffness and blood pressure in systolic hypertension?

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Hypertension

### Interventions

The project will assess the effects of a single dose of the selective phosphodiesterase-5 inhibitor tadalafil on arterial stiffness and blood pressure in patients with systolic hypertension. Subjects will visit the Vascular Research Clinics for a screening visit and two study visits and will receive either placebo or tadalafil on each study visit. Measurements of blood pressure and arterial stiffness will be made at baseline and at hourly intervals for four hours following administration of the drug or placebo.

### Intervention Type

Drug

### Phase

Not Specified

**Drug/device/biological/vaccine name(s)**

Tadalafil

**Primary outcome measure**

Not provided at time of registration

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

11/08/2003

**Completion date**

10/08/2006

## **Eligibility**

**Key inclusion criteria**

15 subjects over 18 years

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

15

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

11/08/2003

**Date of final enrolment**

10/08/2006

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**Clinical Pharmacology Unit**  
Cambridge  
United Kingdom  
CB2 2QQ

## Sponsor information

**Organisation**  
Department of Health

**Sponsor details**  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

**Sponsor type**  
Government

**Website**  
<http://www.dh.gov.uk/Home/fs/en>

## Funder(s)

**Funder type**  
Government

**Funder Name**  
Cambridge Consortium - Addenbrooke's (UK)

## Results and Publications

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration