# Does counselling benefit post-myocardial infarct patients in reducing anxiety/depression and enable them to make positive life style changes in comparison to a non-counselled group?

Submission date	Recruitment status	<ul> <li>Prospectively registered</li> </ul>
29/09/2006	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
29/09/2006	Completed	Results
Last Edited	Condition category	[] Individual participant data
21/04/2015	Circulatory System	Record updated in last year

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

### Contact name

Mrs E Brown

### Contact details

The Hillingdon Hospital NHS Trust Pield Heath Road Uxbridge Hillingdon United Kingdom UB8 3NN

# Additional identifiers

Protocol serial number N0388170251

# Study information

### Scientific Title

Does counselling benefit post-myocardial infarct patients in reducing anxiety/depression and enable them to make positive life style changes in comparison to a non-counselled group?

# **Study objectives**

Not provided at time of registration

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Not provided at time of registration

# Study design

Randomised controlled study

# Primary study design

Interventional

# Study type(s)

Quality of life

# Health condition(s) or problem(s) studied

Cardiovascular: Infarction

### **Interventions**

Counselling vs non counselling

## Intervention Type

Behavioural

# Primary outcome(s)

- 1. Improve quality of life of myocardial infarct patients
- 2. Comparison of HAD scores (Hospital Anxiety & Depression scale) at six-eight weeks post-discharge and 6 months
- 3. The CORE (Clinical Outcome Routine Evaluation) will also be used

# Key secondary outcome(s))

Not provided at time of registration

# Completion date

01/01/2007

# **Eligibility**

# Key inclusion criteria

All confirmed myocardial infarction with either an ST elevation myocardial infarctions confirmed by raised CK and SHBD and Non ST elevation myocardial infarctions confirmed by a positive Troponin T of >0.1micrograms.L-1.

# Participant type(s)

Patient

# Healthy volunteers allowed

No

# Age group

Adult

## Sex

**Not Specified** 

# Key exclusion criteria

- 1. MI patients that do not fit the inclusion criteria
- 2. HAD Score at 12 weeks of below 8 and above 21 will be excluded from the study

### Date of first enrolment

01/02/2004

# Date of final enrolment

01/01/2007

# Locations

# Countries of recruitment

**United Kingdom** 

England

# Study participating centre The Hillingdon Hospital NHS Trust

Hillingdon United Kingdom UB8 3NN

# Sponsor information

# Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

# Funder(s)

# Funder type

# Government

# Funder Name

Hillingdon Hospital NHS Trust (UK)

# **Results and Publications**

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration