

# Does counselling benefit post-myocardial infarct patients in reducing anxiety/depression and enable them to make positive life style changes in comparison to a non-counselled group?

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<b>Registration date</b> 29/09/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 21/04/2015	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

## Secondary identifying numbers

N0388170251

# Study information

## Scientific Title

Does counselling benefit post-myocardial infarct patients in reducing anxiety/depression and enable them to make positive life style changes in comparison to a non-counselled group?

## Study objectives

Not provided at time of registration

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled study

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Quality of life

## Participant information sheet

## Health condition(s) or problem(s) studied

Cardiovascular: Infarction

## Interventions

Counselling vs non counselling

## Intervention Type

Behavioural

## Primary outcome measure

1. Improve quality of life of myocardial infarct patients
2. Comparison of HAD scores (Hospital Anxiety & Depression scale) at six-eight weeks post-discharge and 6 months
3. The CORE (Clinical Outcome Routine Evaluation) will also be used

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/02/2004

**Completion date**

01/01/2007

## Eligibility

**Key inclusion criteria**

All confirmed myocardial infarction with either an ST elevation myocardial infarctions confirmed by raised CK and SHBD and Non ST elevation myocardial infarctions confirmed by a positive Troponin T of >0.1micrograms.L-1.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Not Specified

**Target number of participants**

6 patients in each arm

**Key exclusion criteria**

1. MI patients that do not fit the inclusion criteria
2. HAD Score at 12 weeks of below 8 and above 21 will be excluded from the study

**Date of first enrolment**

01/02/2004

**Date of final enrolment**

01/01/2007

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

The Hillingdon Hospital NHS Trust  
Hillingdon

United Kingdom  
UB8 3NN

## Sponsor information

### Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

### Sponsor details

The Department of Health  
Richmond House  
79 Whitehall  
London  
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### Sponsor type

Government

### Website

<http://www.dh.gov.uk/Home/fs/en>

## Funder(s)

### Funder type

Government

### Funder Name

Hillingdon Hospital NHS Trust (UK)

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

**IPD sharing plan summary**  
Not provided at time of registration