

# New therapeutic targets in stroke prevention: the effects of allopurinol on the cerebrovasculature of patients with subcortical stroke

<b>Submission date</b> 09/09/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 22/11/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 01/02/2010	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Matthew Walters

**Contact details**  
Department of Medicine & Therapeutics  
Western Infirmary  
44 Church Street  
Glasgow  
United Kingdom  
G11 6NT  
+44 (0)141 211 2821  
gcl203@clinmed.gla.ac.uk

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

## Secondary identifying numbers

N/A

# Study information

## Scientific Title

### Study objectives

Treatment with xanthine oxydase inhibitor allopurinol will improve cerebrovascular reactivity in patients with subcortical stroke.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

## Participant information sheet

### Health condition(s) or problem(s) studied

Subcortical stroke.

### Interventions

3 month allopurinol treatment (300 mg) versus lactose tablet.

### Intervention Type

Drug

### Phase

Not Specified

### Drug/device/biological/vaccine name(s)

Allopurinol

**Primary outcome measure**

The change in flow velocity in the middle cerebral artery (MCA) following acetazolamide infusion.

**Secondary outcome measures**

1. Change in serum urate
2. Recurrent stroke or other cardiac event

**Overall study start date**

01/11/2005

**Completion date**

01/11/2007

**Eligibility****Key inclusion criteria**

1. Subcortical stroke
2. Index stroke within 2 weeks and 3 months prior to randomisation

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

80

**Key exclusion criteria**

1. >70% Internal carotid artery stenosis
2. Coronary artery disease
3. Other significant comorbidity
4. Contraindication to allopurinol
5. Contraindication to acetazolamide
6. Concurrent azathioprine or 6-mercaptopurine therapy
7. Serum creatinine >250 µmol/l
8. Woman of childbearing potential

**Date of first enrolment**

01/11/2005

**Date of final enrolment**

01/11/2007

**Locations**

## **Countries of recruitment**

Scotland

United Kingdom

## **Study participating centre**

**Department of Medicine & Therapeutics**

Glasgow

United Kingdom

G11 6NT

## **Sponsor information**

### **Organisation**

Greater Glasgow NHS Board/Glasgow University (UK)

### **Sponsor details**

c/o Judith Godden

Administration Building

Western Infirmary

Dumbarton Road

Glasgow

Scotland

United Kingdom

G11 6NT

+44 (0)141 211 2000

judith.godden@Northglasgow.NHS.Scot.UK

### **Sponsor type**

Hospital/treatment centre

### **ROR**

<https://ror.org/05kdz4d87>

## **Funder(s)**

### **Funder type**

Charity

### **Funder Name**

West Endowment Fund (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/11/2009		Yes	No