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Brief alcohol intervention in emergency

Submission date	Recruitment status	[ ] Prospectively registered
29/05/2006	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
11/09/2006	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
21/09/2007	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
3200-067949

Study information

Scientific Title

Study objectives
Brief alcohol intervention for hazardous drinkers admitted to the Emergency Department.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethics approval received from the Clinical Research Ethics Committe, Faculty of Medicine, University of Lausannedate on the 8th January 2003 (ref: 193/01).

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Hospital

Study type(s)
Quality of life

Participant information sheet

Health condition(s) or problem(s) studied
Hazardous drinkers

Interventions
A single session 15 minutes brief alcohol intervention including six steps:
1. Thank the patient for participation and provide reassurance about confidentiality
2. Provide feedback about patient's alcohol use compared to similar measures for men and women in the Swiss community and ask the patient's opinion of the feedback
3. Ask the patient to explore the pros and cons of his/her alcohol use
4. Use a one to ten scale to explore patient's importance and readiness to change his/her drinking pattern
5. Ask if the patient feels ready to set an objective and provide positive reinforcement about their ability to achieve this objective
6. Give each patient written material including their Alcohol Screen (AUDIT) score, drinking pattern percentiles compared to the Swiss community, and their drinking pattern objectives.

There were two control groups:
1. Control group one completed the two minute lifestyle screener and a 30-minute face-to-face interview including assessment of alcohol use and alcohol-related consequences and a medical history. They were then contacted 12-month later for follow-up
2. Control group two completed the two minute lifestyle screener, signed a consent form and were contacted 12 month later for follow-up

Usual care does not include any intervention regarding alcohol. Alcohol use is generally adressed with a single yes-no question about patients' alcohol use. Neither systematic nor case finding stategies of counseling or referral are conducted routinely.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
1. A 20% decrease in number of drinks per week
2. A 20% decrease in monthly binge drinking frequency
3. Number of medical consultations
4. Days hospitalised and days out of work

Secondary outcome measures
1. Drinking quantity
2. Frequency
3. Hazardous drinking consequences
4. Health related quality of life

Overall study start date
01/01/2004

Completion date
30/06/2005

Eligibility

Key inclusion criteria
Consecutive patients aged 18 and over admitted to the Emergency Department from 11 am to 11 pm daily from January 2003 to June 2004.

Participant type(s)
Patient

Age group
Adult

Lower age limit
18 Years

Sex
Both

Target number of participants
1000

Key exclusion criteria
1. Patients under 18
2. A history of alcohol-related treatment over the last 12 months
3. Did not qualify for hazardous drinking over the last 30 days
4. Were clinically intoxicated
5. Medical condition that precluded a face-to-face interview

Date of first enrolment
01/01/2004

Date of final enrolment
30/06/2005

Locations

Countries of recruitment
Switzerland

Study participating centre
Mont-Paisible 16
Lausanne
Switzerland
1011

Sponsor information

Organisation
Swiss National Science Foundation (Switzerland)

Sponsor details
Wildhainweg 2
Bern
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Sponsor type
Research organisation

ROR
https://ror.org/00yjd3n13

Funder(s)

Funder type
Research organisation

Funder Name
Swiss National Science Foundation (Switzerland) (ref: 3200-067949)

Alternative Name(s)
Schweizerischer Nationalfonds, Swiss National Science Foundation, Fonds National Suisse de la Recherche Scientifique, Fondo Nazionale Svizzero per la Ricerca Scientifica, Fonds National Suisse, Fondo Nazionale Svizzero, Schweizerische Nationalfonds, SNF, SNSF, FNS

Funding Body Type
Private sector organisation

Funding Body Subtype
Trusts, charities, foundations (both public and private)

Location
Switzerland

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/08/2007		Yes	No