Randomised controlled trial of nail brushes and nail picks during surgical hand antisepsis to reduce bacteria on hands

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
23/03/2007		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
04/04/2007	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
05/04/2012	Surgery			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title

Study objectives

To determine if:

- 1. Using nail picks during surgical hand antisepsis reduces the number of colony forming units (bacteria) on hands
- 2. Using nail brushes during surgical hand antisepsis reduces the number of colony forming units (bacteria) on hands

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval pending as of 4th April 2007.

Study design

Randomised single blinded trial with one control and two intervention groups

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Prevention

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Surgical hand antisepsis (the surgical scrub)

Interventions

Operating room staff performing the first scrub of the day will be randomised to one of the following three groups:

- 1. Group one (control): standard hand antisepsis no nail brush, no nail pick
- 2. Group two (intervention): standard hand antisepsis with nail brush
- 3. Group three (intervention): standard hand antisepsis with nail pick

Intervention Type

Procedure/Surgery

Phase

Not Specified

Primary outcome measure

Colony forming units (number of bacteria) on staff hands before and after the intervention (surgical hand antisepsis with or without nail brush or nail pick).

Secondary outcome measures

No secondary outcome measures

Overall study start date

01/08/2007

Completion date

30/01/2008

Eligibility

Key inclusion criteria

- 1. Operating room nursing staff at University Hospitals of Leicester (UK) who are experienced in performing surgical hand antisepsis (scrubbing)
- 2. Staff performing their first antisepsis of the day
- 3. Staff with no cuts to their hands

Participant type(s)

Patient

Age group

Adult

Sex

Not Specified

Target number of participants

150 nurses (50 in each of 3 groups)

Key exclusion criteria

- 1. Staff who are allergic to chlorhexidine gluconate (antiseptic solution)
- 2. Staff wearing hand rings
- 3. Staff with cuts or abrasions on their hands

Date of first enrolment

01/08/2007

Date of final enrolment

30/01/2008

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
De Montfort University
Leicester
United Kingdom
LE2 1RQ

Sponsor information

Organisation

University Hospitals of Leicester NHS Trust (UK)

Sponsor details

c/o Mr John Hampton Leicester General Hospital Gwendolen Road Leicester England United Kingdom LE5 4QF

Sponsor type

Hospital/treatment centre

Website

http://www.uhl-tr.nhs.uk/

ROR

https://ror.org/02fha3693

Funder(s)

Funder type

Research organisation

Funder Name

Association for Perioperative Practice (UK) (ref: 1032 01/07)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2009		Yes	No