Evaluation of a leadership intervention for implementing recommendations for nursing care for people with diabetes and foot ulcers in community nursing practice

Submission date	Recruitment status	Prospectively registered
14/08/2008	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
12/09/2008	Completed	Results
Last Edited	Condition category	Individual participant data
12/09/2008	Nutritional, Metabolic, Endocrine	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number N/A

Study information

Scientific Title

The impact of a tailored leadership intervention on the nursing assessments and management of foot ulcers for people with diabetes in community nursing practice

Study objectives

H1: Nurses working in centres that receive the intervention will obtain significantly higher scores for practicing in accordance with guideline recommendations than the control group.

H0: No change in group means will occur following the intervention.

Ethics approval required

Old ethics approval format

Ethics approval(s)

The University of Ottawa Health Sciences and Science Research Ethics Board on the 9th May 2007 (ref: H-03-07-09)

Study design

A two phase mixed method design with matched pair cluster randomised controlled trial and qualitative methods

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Diabetes/foot ulcers/knowledge translation

Interventions

In addition to usual implementation strategy, a 12 week strategy will be offered to mangers, supervisors, resource nurses, and two preceptor staff from each centre consisting of:

- 1. Mailed package of printed materials: study purpose; summary of recommendations, models of leadership and planned change; literature article; four questions related to assessing barriers to practice change. Review time: approx 15 30 minutes.
- 2. Interactive workshop (7.5 hours) at SEHC Corporate Office. Content and structure will be tailored to results of phase one, tentatively planned to include:
- 2.1. Evidence and theory on leadership and implementing practice change
- 2.2. Focus group discussions about barriers to implementing change based on recommendations
- 2.3. Case study discussions
- 2.4. Role playing exercises
- 2.5. Games
- 2.6. Development of implementation plan for each centre tailored to identified barriers. Workshop will be facilitated by Co-PI (WG); SEHC senior administrator (NL); and administrative /clinical staff from SEHC to be determined.
- 3. Post-workshop teleconferences: (2, 6, and 10 weeks after workshop) to provide a forum for questions, discussions and networking amongst participants

Intervention Type

Other

Phase

Primary outcome(s)

Nursing Assessments of Client Risk Factors Scores (NACRF), a composite score of 8 items based on recommendations from the Diabetes/Foot Ulcer guidelines.

Timepoints for primary and secondary outcomes: 12 weeks following completion of the intervention, chart audits will be conducted on all patients being treated for diabetic foot ulcers. To understand the leadership and management behaviours that influenced nursing practice, semi structured qualitative interviews will be conducted 12 weeks following intervention strategy with managers, supervisors, resource nurses and staff nurses at control and experimental centres.

Key secondary outcome(s))

- 1. Proportion of people with healed ulcers at 12 weeks (defined as complete wound closure)
- 2. Healing time, in number of weeks
- 3. Types of treatments used (e.g., hydrogel dressings, sharp debridement, offloading devices)
- 4. Referral rates to specialists services
- 5. Documented patient education
- 6. Proportion clients assessed for all items in the NACRF scale (all-or-none measure)
- 7. Nursing participant satisfaction and perceived utility of elements of the intervention

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Completion date

01/12/2008

Eligibility

Key inclusion criteria

- 1. Service delivery centres with minimum number of clients with diabetes being treated for foot ulcers to satisfy sample size calculations
- 2. Chart audit: all adult clients (18 years or older) diagnosed with type 1 or type 2 diabetes that have been treated for a first or recurring foot ulcer(s) in the previous 6 months
- 3. Intervention: managers, supervisors, resource nurses and two staff nurses from each intervention site

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

- 1. Service delivery centres that did not have the minimum number of clients on service for diabetic foot ulcers to meet sample size calculations (i.e. 15 clients per centre in 6 months)
- 2. Clients that do not meet inclusion criteria:
- 2.1. Under 18 years of age
- 2.2. Do not have type 1 or type 2 diabetes
- 2.3. Not receiving home care service for a diabetic foot ulcer

Date of first enrolment

01/09/2007

Date of final enrolment

01/12/2008

Locations

Countries of recruitment

Canada

Study participating centre 1258 Portland Avenue

Ottawa Canada K1V 6E9

Sponsor information

Organisation

Canadian Nurses Foundation (Canada) - Nursing Care Partnership Fund

ROR

https://ror.org/04j4csk75

Funder(s)

Funder type

Research organisation

Funder Name

Canadian Nurses Foundation (Canada) - September 2006

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet
Participant information sheet
11/11/2025 No Yes