# The effect of experimental hyperglycemia and AT1 receptor blockade on renal hemodynamics in impaired glucose tolerance

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
21/12/2007	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
09/01/2008	Completed	Results
Last Edited	Condition category	Individual participant data
29/02/2008	Nutritional, Metabolic, Endocrine	<ul><li>Record updated in last year</li></ul>

## Plain English summary of protocol

Not provided at time of registration

## Contact information

Type(s)

Scientific

#### Contact name

Dr Helga Frank

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### **Acronym**

IGT-FRA-oo30-l

#### Study objectives

The study aim is to investigate whether:

- 1. Experimental hyperglycemia reduces renal hemodynamics (glomerula filtration rate, renal plasma flow)
- 2. Angiotensin II Type 1 (AT1) receptor blocker treatment prevents hyperglycemia induced changes of renal hemodynamics

## Ethics approval required

Old ethics approval format

#### Ethics approval(s)

The study was approved by the Ethical Committee of the Technical University of Munich.

#### Study design

Single-centre, open, prospective, longitudinal, non-randmoised controlled trial.

#### Primary study design

Interventional

## Secondary study design

Non randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

**Not Specified** 

## Participant information sheet

## Health condition(s) or problem(s) studied

Impaired glucose tolerance/ renal changes in prediabetes

#### Interventions

12 participants were recruited in each of the two groups. Statistical calculation was carried out by the Institute of Statistics, Technical University of Munich.

Participants of both groups (control and IGT-group) received the following two interventions:

- 1. Experimental hyperglycemia (clamp technique)
- 2. Valsartan (AT1 receptor blocker)(oral, taken once a day in the morning) treatment for 4 weeks. The initial dose was 80 mg/day, and the dosage was increased after 7 +/- 2 days of administration to 160 mg /day.

A safety visit was made at 5 + /- 2 days after the beginning of the study for the measurement of serum creatintine, potassium and blood pressure.

#### **Intervention Type**

Drug

#### **Phase**

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

AT1 receptor blocker

#### Primary outcome measure

The following were measured at rest (U1 rest, U2 rest) and during hyperglycemic stress testing (U1 stress, U2 stress) with and without AT1 receptor blocker treatment:

- 1. Glomerular filtration rate (inulin clearance)
- 2. Renal plasma flow (Para-AminoHippurate [PAH] clearance)

U1: Without AT1 receptor blocker

U2: After a 4-week treatment with valsartan

#### Secondary outcome measures

The following were assessed at U1 and U2:

- 1. High-sensitivity C-Reactive Protein (CRP)
- 2. Adiponectin
- 3. HbA1c (blood tests)

U1: Without AT1 receptor blocker

U2: After a 4-week treatment with valsartan

#### Overall study start date

26/07/2005

#### Completion date

20/10/2006

## **Eligibility**

## Key inclusion criteria

- 1. Males
- 2. 18-70 years old
- 3. Impaired Glucose Tolerance (for the intervention group [IGT-Group]) (tested by the oral glucose tolerance test according to the World Health Organisation) and normoglycemic patients (for control group [healthy subjects])

#### Participant type(s)

Patient

#### Age group

Adult

## Lower age limit

18 Years

## Upper age limit

70 Years

#### Sex

Male

## Target number of participants

24

#### Key exclusion criteria

- 1. Renal or liver insufficiency
- 2. Micro-or macro-albuminuria
- 3. Overt diabetes mellitus

## Date of first enrolment

26/07/2005

## Date of final enrolment

20/10/2006

## Locations

#### Countries of recruitment

Germany

## Study participating centre Nephrology Department

Munich Germany 81675

# Sponsor information

## Organisation

Technical University of Munich (Germany)

## Sponsor details

Ismaninger Strasse 22 Munich Germany 81675 +49 89 4140 2231 Helga.Frank@lrz.tum.de

#### Sponsor type

University/education

#### **ROR**

https://ror.org/02kkvpp62

# Funder(s)

#### Funder type

Industry

#### **Funder Name**

Novartis (International)

#### Alternative Name(s)

Novartis AG, Novartis International AG

## **Funding Body Type**

Government organisation

## **Funding Body Subtype**

For-profit companies (industry)

#### Location

Switzerland

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration