ISRCTN07857866 https://doi.org/10.1186/ISRCTN07857866

The Effectiveness of Acupuncture for Insomnia

Submission date 18/08/2007	**Recruitment status** No longer recruiting	[ ] Prospectively registered [ ] Protocol [ ] Statistical analysis plan [ ] Results [ ] Individual participant data [ ] Record updated in last year
Registration date 03/09/2007	**Overall study status** Completed	
Last Edited 03/09/2007	**Condition category** Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
096XDAA00028

Study information

Scientific Title

Acronym
EAI

Study objectives
Traditional Chinese Medicine (TCM) Meridian Theory.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Approved by the Institutional Review Board at Taipei City Hospital (IRB/TCH) (ref: 960302)

Study design
Randomized controlled trial.

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Insomnia

Interventions
1. Acupuncture
2. Stilnox® (non-benzodiazepines) 5 mg/day at bedtime (hs) for 4 weeks

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Pittsburgh Sleep Quality Index (PSQI) records (PSQI assessment will be carried out on a weekly basis).

Secondary outcome measures
Serious adverse events.

Overall study start date
03/08/2007

Completion date
31/05/2008

Eligibility

Key inclusion criteria
Participants suffering from insomnia who have not taken any sleep medications associated with psychiatric disorders within 30 days.

Participant type(s)
Patient

Age group
Not Specified

Sex
Both

Target number of participants
90

Key exclusion criteria
1. Pregnancy
2. Central nervous system disease such as seizure disorder, cerebrovascular disease, dementia etc.

Date of first enrolment
03/08/2007

Date of final enrolment
31/05/2008

Locations

Countries of recruitment
Taiwan

Study participating centre
145 Zhengzhou Road
Taipei City
Taiwan
10341

Sponsor information

Organisation
Taipei City Hospital (Taiwan)

Sponsor details
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Sponsor type
Hospital/treatment centre

ROR
https://ror.org/02gzfb532

Funder(s)

Funder type
Not defined

Funder Name
Taipei City Government (Taiwan)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration