

The Effectiveness of Acupuncture for Insomnia

Submission date 18/08/2007	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 03/09/2007	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 03/09/2007	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

096XDAA00028

Study information

Scientific Title

Acronym

EAI

Study objectives

Traditional Chinese Medicine (TCM) Meridian Theory.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Approved by the Institutional Review Board at Taipei City Hospital (IRB/TCH) (ref: 960302)

Study design

Randomized controlled trial.

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Insomnia

Interventions

1. Acupuncture
2. Stilnox® (non-benzodiazepines) 5 mg/day at bedtime (hs) for 4 weeks

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Pittsburgh Sleep Quality Index (PSQI) records (PSQI assessment will be carried out on a weekly basis).

Key secondary outcome(s))

Serious adverse events.

Completion date

31/05/2008

Eligibility**Key inclusion criteria**

Participants suffering from insomnia who have not taken any sleep medications associated with psychiatric disorders within 30 days.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

All

Key exclusion criteria

1. Pregnancy
2. Central nervous system disease such as seizure disorder, cerebrovascular disease, dementia etc.

Date of first enrolment

03/08/2007

Date of final enrolment

31/05/2008

Locations**Countries of recruitment**

Taiwan

Study participating centre

145 Zhengzhou Road

Taipei City

Taiwan

10341

Sponsor information**Organisation**

Taipei City Hospital (Taiwan)

ROR

<https://ror.org/02gzfb532>

Funder(s)**Funder type**

Not defined

Funder Name

Taipei City Government (Taiwan)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration