# A randomised controlled trial to assess outcomes associated with three modalities of telephone follow-up, by qualified nurses, of recently discharged day surgery patients.

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
23/01/2004		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
23/01/2004	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
20/07/2011	Other			

# Plain English summary of protocol

Not provided at time of registration

# **Contact information**

## Type(s)

Scientific

#### Contact name

Mrs SJ Moran

#### Contact details

Taunton and Somerset NHS Trust Musgrove Park Hospital Musgrove Park Taunton United Kingdom TA1 5DA

## Additional identifiers

**Protocol serial number** N/A

# Study information

Scientific Title

#### Study objectives

The aim of the study is to determine the effect on outcomes following day surgery of a range of levels of telephone interventions by qualified nurses for patient quidance support.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

**Not Specified** 

#### Health condition(s) or problem(s) studied

Not applicable: service delivery

#### **Interventions**

Three different modes of telephone intervention follow-up

- 1. Once at day 1
- 2. Twice, at days 1 and 3
- 3. Once at 7 days after discharge

## **Intervention Type**

Other

#### Phase

**Not Specified** 

## Primary outcome(s)

- 1. Suitability and timing of post-discharge telephone support, measured by a tool adapted from Orem's self-care deficit theory
- 2. Compliance with discharge instructions measured by a tool adapted for telephone interview from the Revised Ways of Coping Checklist (WCCL)
- 3. Frequency of use of Primary Health Care Services
- 4. GPs assessment of the appropriateness of referrals and contacts

# Key secondary outcome(s))

Not provided at time of registration

# Completion date

30/04/1997

# **Eligibility**

#### Key inclusion criteria

Patients aged 17 or above, attending the day surgery centre at Taunton & Somerset Hospital for therapeutic procedures not normally requiring GP, District Nurse or hospital out-patient follow-up. Other criteria include patient consent and patient access to a telephone.

#### Participant type(s)

Patient

### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

**Not Specified** 

#### Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

01/08/1995

#### Date of final enrolment

30/04/1997

# Locations

#### Countries of recruitment

United Kingdom

England

# Study participating centre Taunton and Somerset NHS Trust

Taunton United Kingdom TA1 5DA

# Sponsor information

#### Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

# Funder(s)

# Funder type

Government

#### Funder Name

NHS Executive South West (UK)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/1998		Yes	No