

# A randomised controlled trial to assess outcomes associated with three modalities of telephone follow-up, by qualified nurses, of recently discharged day surgery patients.

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 20/07/2011	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Mrs SJ Moran

### Contact details

Taunton and Somerset NHS Trust  
Musgrove Park Hospital  
Musgrove Park  
Taunton  
United Kingdom  
TA1 5DA

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

## Study information

### Scientific Title

### Study objectives

The aim of the study is to determine the effect on outcomes following day surgery of a range of levels of telephone interventions by qualified nurses for patient guidance support.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Not Specified

### Participant information sheet

### Health condition(s) or problem(s) studied

Not applicable: service delivery

### Interventions

Three different modes of telephone intervention follow-up

1. Once at day 1
2. Twice, at days 1 and 3
3. Once at 7 days after discharge

### Intervention Type

Other

### Phase

Not Specified

### Primary outcome measure

1. Suitability and timing of post-discharge telephone support, measured by a tool adapted from Orem's self-care deficit theory
2. Compliance with discharge instructions measured by a tool adapted for telephone interview from the Revised Ways of Coping Checklist (WCCL)
3. Frequency of use of Primary Health Care Services
4. GPs assessment of the appropriateness of referrals and contacts

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/08/1995

**Completion date**

30/04/1997

## Eligibility

**Key inclusion criteria**

Patients aged 17 or above, attending the day surgery centre at Taunton & Somerset Hospital for therapeutic procedures not normally requiring GP, District Nurse or hospital out-patient follow-up. Other criteria include patient consent and patient access to a telephone.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Not Specified

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/08/1995

**Date of final enrolment**

30/04/1997

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**Taunton and Somerset NHS Trust**  
Taunton  
United Kingdom  
TA1 5DA

## **Sponsor information**

### **Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

### **Sponsor details**

The Department of Health  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL  
+44 (0)20 7307 2622  
dhmail@doh.gsi.org.uk

### **Sponsor type**

Government

### **Website**

<http://www.doh.gov.uk>

## **Funder(s)**

### **Funder type**

Government

### **Funder Name**

NHS Executive South West (UK)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/12/1998		Yes	No