

Does befriending by trained lay workers improve psychological well-being and quality of life for carers of people with dementia, and at what cost?: a randomised controlled trial.

Submission date 25/04/2003	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 25/04/2003	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 25/08/2009	Condition category Nervous System Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Georgina Charlesworth

Contact details

Lecturer in Clinical & Hlth Psychology of Old Age
Centre for Behavioural & Social Science in Medicine
University College London
67-73 Charles Bell House
London
United Kingdom
W1W 7EJ
+44 (0)207 679 9334
g.charlesworth@ucl.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

HTA 99/34/07

Study information

Scientific Title

Acronym

BECCA

Study objectives

1. To randomly allocate carers of people with dementia to one of two groups (access to an employed befriending facilitator vs. usual care) and follow-up for 3 years post-randomisation in order to compare: carer stress and coping strategies, quality of life in both the carers and people with dementia; resources use; and survival.
2. To document direct and indirect costs in both the intervention and control group, calculating the costs from the perspective of health, social and voluntary services and families involved in dementia care, and establish incremental cost-effectiveness.
3. To employ a befriending facilitator to collaborate with relevant voluntary agencies in recruiting, training and supporting befrienders, and matching befrienders to care dyads.
4. To disseminate project outputs including: effectiveness and cost effectiveness; model of befriender support and training.

Please note that the target number of participants was added as of 25/08/2009.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration.

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Quality of life

Participant information sheet

Health condition(s) or problem(s) studied

Nervous system diseases: Dementia

Interventions

Access to an employed befriending facilitator vs. standard care

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Carer stress and coping strategies, quality of life in both the carers and people with dementia

Secondary outcome measures

Not provided at time of registration.

Overall study start date

01/01/2002

Completion date

30/09/2006

Eligibility**Key inclusion criteria**

Carers of people with dementia

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

236

Key exclusion criteria

Not provided at time of registration.

Date of first enrolment

01/01/2002

Date of final enrolment

30/09/2006

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Lecturer in Clinical & Hlth Psychology of Old Age

London

United Kingdom

W1W 7EJ

Sponsor information

Organisation

Department of Health (UK)

Sponsor details

Quarry House

Quarry Hill

Leeds

United Kingdom

LS2 7UE

+44 (0)1132 545 843

Sheila.Greener@doh.gsi.gov.uk

Sponsor type

Government

Website

<http://www.dh.gov.uk/en/index.htm>

ROR

<https://ror.org/03sbpja79>

Funder(s)

Funder type

Government

Funder Name

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Other publications	HTA monograph	01/03/2008		Yes	No
Results article	results	07/06/2008		Yes	No