

Surgery and physiotherapy for prolapse to avoid recurrence: a feasibility study

Submission date

01/06/2010

Recruitment status

No longer recruiting

☐ Prospectively registered

☐ Protocol

Registration date

02/08/2010

Overall study status

Completed

☐ Statistical analysis plan

☒ Results

Last Edited

02/06/2015

Condition category

Urological and Genital Diseases

☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number

PRF/09/1

Study information

Scientific Title

A two-group, single-blind, randomised controlled study to assess the feasibility of physiotherapy following surgery for prolapse to avoid recurrence

Acronym

SUPER

Study objectives

Women who undergo physiotherapy intervention following surgery for pelvic organ prolapse have short and long term symptom benefit when compared to those who do not have such an additional intervention

Ethics approval required

Old ethics approval format

Ethics approval(s)

Under application

Study design

Two-group single-blind feasibility study

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Pelvic organ prolapse

Interventions

The control group will receive a lifestyle advice only

The treatment group will receive one pre-operative appointment, one post-operative appointment on the ward, followed by 6 appointments with a physiotherapist to encourage pelvic floor muscle training. Home exercises and lifestyle advice will also be provided.

Intervention Type

Behavioural

Primary outcome(s)

1. Pelvic organ prolapse symptom score
2. Organ prolapse quantification system

All outcome measures will be completed pre-intervention and 6 and 12 months post-intervention

Key secondary outcome(s)

1. Incontinence Questionnaire Short Form (ICIQ-SF)
2. Pelvic Organ Prolapse/Urinary Incontinence Sexual Questionnaire (PISQ-12)
3. Digital assessment of pelvic floor muscles
4. SF-12

All outcome measures will be completed pre-intervention and 6 and 12 months post-intervention

Completion date

31/05/2012

Eligibility

Key inclusion criteria

Women who undergo surgery for pelvic organ prolapse and are able to attend for pre and post operative follow-ups

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Female

Key exclusion criteria

Women who have undergone individual Pelvic Floor Muscle Training (PFMT) during the previous 3 years or have undergone surgery for gynaecological cancer

Date of first enrolment

01/06/2010

Date of final enrolment

31/05/2012

Locations

Countries of recruitment

United Kingdom

Scotland

Study participating centre

Glasgow Caledonian University

Glasgow

United Kingdom

G4 0BA

Sponsor information

Organisation

Physiotherapy Research Foundation (UK)

ROR

<https://ror.org/04sn78z72>

Funder(s)**Funder type**

Charity

Funder Name

Physiotherapy Research Foundation (UK) (ref: PRF/09/1)

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2014		Yes	No