Prehospital Randomised Assessment of Mechanical compression Device In Cardiac arrest

	Recruitment status	[X] Prospectively registered		
	No longer recruiting	[X] Protocol		
Registration date 10/02/2009	Overall study status Completed	[_] Statistical analysis plan		
		[X] Results		
Last Edited 30/07/2018	Condition category Circulatory System	Individual participant data		

Plain English summary of protocol

Background and study aims

A cardiac arrest happens when the heart stops pumping blood around the body. When people suffer a cardiac arrest out of hospital, the main treatment is cardiopulmonary resuscitation (CPR), during which the blood circulation is maintained by repeatedly compressing the chest. It has been suggested that mechanical devices may be more effective at providing chest compression than people, as they do not tire, can operate in difficult conditions such as a moving ambulance, and can provide compressions of the required depth and frequency sustained for a long period. The LUCAS device (Lund University Cardiopulmonary Assistance System) is one such machine. It was adopted by a few ambulance services in the UK several years ago but it is not yet known whether it improves survival rates. In this study we aim to find out whether using the LUCAS device to provide CPR enables more patients to survive than using standard manual chest compression.

Who can participate?

Patients aged 18 years or over in cardiac arrest out of hospital

What does the study involve?

Participating ambulance service vehicles are randomly allocated to either carry a LUCAS device or to not carry a LUCAS. If the vehicle carries a LUCAS it is used to provide chest compressions for all cardiac arrests where resuscitation is attempted. If the vehicle does not carry a LUCAS then standard manual chest compression is used.

What are the possible benefits and risks of participating? Not provided at time of registration

Where is the study run from? Warwick Medical School Clinical Trials Unit (UK)

When is the study starting and how long is it expected to run for? June 2009 to August 2013 Who is funding the study? Health Technology Assessment Programme (UK)

Who is the main contact? Dr Simon Gates s.gates@warwick.ac.uk

Contact information

Type(s) Scientific

Contact name Dr Simon Gates

Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers HTA 07/37/69

Study information

Scientific Title

Cluster randomised controlled trial of the LUCAS™ mechanical chest compression device for out of hospital cardiac arrest

Acronym PaRAMeDIC

Study objectives

The primary objective of this trial is to evaluate the effect on mortality up to discharge from hospital of using LUCAS™ rather than manual chest compression during resuscitation by

paramedics after out of hospital cardiac arrest. Secondary objectives of the study are to evaluate the effects of LUCAS[™] on survival to 12 months, neurological outcomes of survivors and cost-effectiveness of LUCAS[™].

Ethics approval required Old ethics approval format

Ethics approval(s) Not provided at time of registration – submission pending as of 09/02/2009

Study design Cluster randomised controlled trial

Primary study design Interventional

Secondary study design Cluster randomised trial

Study setting(s) Other

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

Health condition(s) or problem(s) studied

Out of hospital cardiac arrest

Interventions

The unit of randomisation is the ambulance service vehicle (rapid response vehicles and ambulances).

The intervention arm will receive resuscitation according to the Resuscitation Council (UK) 27 and JRCALC Advanced Life Support Guidelines, with the exception that the LUCAS™ device will be deployed to replace standard manual chest compressions.

The control arm will receive resuscitation according to the Resuscitation Council (UK) and JRCALC Advanced Life Support Guidelines.

Intervention Type Device

Phase Not Applicable

Primary outcome measure

Survival to hospital discharge (the point at which the patient is discharged from the hospital acute care unit regardless of neurological status, outcome or destination).

Secondary outcome measures

Survived event (sustained return of spontaneous circulation [ROSC], with spontaneous circulation until admission and transfer of care to medical staff at the receiving hospital)
Survival to 12 months
Health related quality of life at 3 and 12 months (SF-12® Health Survey and Euroqol EQ-5D)
Neurological outcome at discharge from hospital, assessed by the Cerebral Performance Category (CPC) score 1-2 v 3-5
Neurological outcome at 12 months, assessed by the telephone version of Mini Mental State

Examination (T3MS) 6. Anxiety and depression at 12 months, assessed by the Hospital Anxiety and Depression Scale (HADS)

7. Post-traumatic stress at 12 months, assessed by the post-traumatic stress disorder (PTSD) civilian checklist (PCL-C)

8. Hospital length of stay

9. Intensive care length of stay

Overall study start date

01/06/2009

Completion date

31/08/2013

Eligibility

Key inclusion criteria

Patients (both males and females) in cardiac arrest in the out of hospital environment
Resuscitation attempt is initiated by the attending paramedic, according to Joint Royal
Colleges Ambulance Liaison Committee (JRCALC) guidelines
Patient is believed to be aged 18 years or over

Participant type(s) Patient

Age group Adult

Lower age limit 18 Years

Sex Both

Target number of participants 4,200

Key exclusion criteria

Traumatic cardiac arrest
Known or clinically apparent pregnancy

Date of first enrolment 01/06/2009

Date of final enrolment 31/08/2013

Locations

Countries of recruitment England

United Kingdom

Study participating centre Warwick Medical School Clinical Trials Unit Coventry United Kingdom CV4 7AL

Sponsor information

Organisation University of Warwick (UK)

Sponsor details Research Support Services University House Coventry England United Kingdom CV4 8UW

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Sponsor type University/education

Website http://www2.warwick.ac.uk/

ROR https://ror.org/01a77tt86

Funder(s)

Funder type Government

Funder Name Health Technology Assessment Programme

Alternative Name(s) NIHR Health Technology Assessment Programme, HTA

Funding Body Type Government organisation

Funding Body Subtype National government

Location United Kingdom

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	05/11/2010		Yes	No
Results article	results	14/03/2015		Yes	No
Results article	results	01/08/2016		Yes	No
Results article	results	01/03/2017		Yes	No
Other publications	post-admission outcomes	01/09/2017		Yes	No
<u>Results article</u>	results	28/07/2018		Yes	No