

# Studying the effect of vitamin D supplementation in human immunodeficiency virus (HIV) patients who have experienced loss of bone mineral density over time

<b>Submission date</b> 02/09/2011	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 17/11/2011	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 21/12/2017	<b>Condition category</b> Infections and Infestations	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

PB002

# Study information

## Scientific Title

A prospective study of loss of bone mineral density in patients with HIV over time: implications for clinical practice and therapeutic options - Vitamin D sub study

## Study objectives

To explore the effects and potential benefits of high doses of vitamin D supplementation on various parameters of the immune system

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

NRES Committee London - Westminster, approval pending

## Study design

Phase IV open label study

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please contact [HW.Research@gstt.nhs.uk](mailto:HW.Research@gstt.nhs.uk) to request a patient information sheet

## Health condition(s) or problem(s) studied

Human immunodeficiency virus (HIV)

## Interventions

There are no treatment arms, there are 3 cohorts: HIV positive (on treatment), HIV Positive (Naive), HIV Negative. All are given 200,000 units stat colecalciferol at baseline and followed up over a 12 week period by doing physical exam, blood samples and urine samples.

## Intervention Type

Supplement

## Phase

## Phase IV

### Drug/device/biological/vaccine name(s)

Colecalciferol (Vitamin D)

### Primary outcome measure

1. Efficacy: level in serum vitamin D levels to be above those at baseline
  2. Safety:
    - 2.1. Routine: serum renal, liver, bone, glucose, Full Blood Count (FBC)
    - 2.2. Vital signs including blood pressure (BP), pulse, temperature
    - 2.3. Renal: urine dipstix (blood, protein, leukocytes, glucose), urine protein/creatinine (PCR)
    - 2.4. Bone biochemistry to include: Vitamin D, parathyroid hormone, alkaline phosphatase (ALP)
- Samples obtained at baseline, week 4 and week 12

### Secondary outcome measures

No secondary outcome measures

### Overall study start date

01/11/2011

### Completion date

01/03/2012

## Eligibility

### Key inclusion criteria

1. Aged between 18 years and 45 years , males and females
2. Documented Positive HIV-1 antibody test and either stable on highly active antiretroviral therapy (HAART) as defined by undetectable viral load and on the same regimen for more than 6 months or treatment naive (HIV+ cohort only) (n=32)
3. Presumed HIV negative C (HIV negative cohort only) (n=16)
4. Ability to give informed consent
5. Willing to use barrier method contraception (condoms) for the duration of the trial
6. Documented Vitamin D deficiency (less than 50 nmol/L within 6 months of screening)
7. Not currently taking Vitamin D supplements, or have taken any Vitamin D supplements within 4 weeks of screening

### Participant type(s)

Patient

### Age group

Adult

### Lower age limit

18 Years

### Sex

Both

### Target number of participants

**Key exclusion criteria**

1. Pregnancy or breast feeding
2. Patient unlikely to comply with protocol
3. Received vitamin D supplementation within the previous 4 weeks
4. Documented history of renal impairment
5. Any chronic inflammatory condition
6. Documented Hepatitis B or C
7. Documented soya or peanut allergy or hypersensitivity to any of the constituents of Dekristol®
8. Hypercalcaemia or hypercalciuria
9. Pseudohypoparathyroidism

**Date of first enrolment**

01/11/2011

**Date of final enrolment**

01/03/2012

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**St. Thomas' Hospital**

London

United Kingdom

SE1 7EH

**Sponsor information****Organisation**

King's College London - Guy's and St Thomas' NHS Foundation Trust (UK)

**Sponsor details**

Joint Clinical Trials Office

16th Floor Tower Wing

Guy's Hospital

Great Maze Pond

London

England  
United Kingdom  
SE1 9RT

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.kcl.ac.uk/nursing/partners/nhs/gstt.aspx>

**ROR**

<https://ror.org/00j161312>

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

ViiV Pharmaceuticals (UK)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration