

Elemental Nutrition in Gastrointestinal symptom management during pelvic radiotherapy (enigma)

Submission date	Recruitment status	<input type="checkbox"/> Prospectively registered
30/09/2005	No longer recruiting	<input type="checkbox"/> Protocol
Registration date	Overall study status	<input type="checkbox"/> Statistical analysis plan
30/09/2005	Completed	<input checked="" type="checkbox"/> Results
Last Edited	Condition category	<input type="checkbox"/> Individual participant data
10/09/2012	Cancer	

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

N0258152650

Study information

Scientific Title

Acronym

ENiGMA

Study objectives

To identify in patients having pelvic radiotherapy if elemental diet given for 3 weeks can reduce bowel symptoms and change other indicators of these symptoms.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised open label controlled parallel group trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Pelvic cancers

Interventions

Randomised test intervention versus no intervention controls, non-blinded Phase III

Intervention Type

Other

Phase

Phase III

Primary outcome(s)

To assess bowel toxicity using IBDQ and to assess whether there are differences in the score in patients in their intervention arm and the control.

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/07/2006

Eligibility**Key inclusion criteria**

102 RMH patients, with a diagnosis of gynaecological or urological malignancy.

Will be undergoing a course of radical or adjuvant pelvic radiotherapy to a curative dose (including patients undergoing concomitant chemotherapy).

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

1. Patients with condition precluding oral nutrition
2. Patients undergoing conformal radiotherapy or intra-cavity brachytherapy
3. Patients with clotting disorders

Date of first enrolment

25/11/2004

Date of final enrolment

31/07/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre**Medicine Section**

Sutton, Surrey

United Kingdom

SM2 5PT

Sponsor information

Organisation

Department of Health

Funder(s)

Funder type

Government

Funder Name

The Royal Marsden NHS Foundation Trust (UK)

Funder Name

NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2008		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes