# Prostate Testing for Cancer and Treatment (ProtecT) Feasibility Study

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>			
20/11/2003		☐ Protocol			
Registration date	Overall study status	Statistical analysis plan			
20/11/2003	Completed	[X] Results			
Last Edited	Condition category	[] Individual participant data			
26/09/2012	Cancer				

#### Plain English summary of protocol

Not provided at time of registration

#### Study website

http://www.epi.bris.ac.uk/protect/

# Contact information

#### Type(s)

Scientific

#### Contact name

Prof Jenny Donovan

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### Acronym

ProtecT

#### **Study objectives**

The overall aim was to evaluate the feasibility of a randomised controlled trial (RCT) of treatments for localised prostate cancer, including:

- 1. Feasibility of case-finding in the community (including the reliability and psychosocial impact of PSA testing)
- 2. Determining the most efficient and effective design for a major trial of treatments
- 3. Randomised trial of recruitment strategies
- 4. Piloting outcome measures and procedures for the main trial of treatments

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Multicentre randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

**Not Specified** 

#### Participant information sheet

Patient information can be found at: http://www.epi.bris.ac.uk/protect/takingpart/takingpart.htm

#### Health condition(s) or problem(s) studied

Prostate cancer

#### Interventions

The study was an RCT of treatment preceded by case-finding in the community, with qualitative research methods integrated at each stage. Men with confirmed localised prostate cancer were

asked to consent to randomisation between a nurse or urologist for an information appointment to discuss recruitment to the treatment trial. In the information appointment, the need for a trial was explained in detail, along with the advantages and disadvantages of each treatment, and the recruiter attempted to randomise the patient to the treatment trial or reach a patient-led preference for a treatment. All men, whether randomised or not, were asked to consent to be followed-up, and these formed a pilot for the proposed main trial.

See details of ProtecT main trial on http://www.controlled-trials.com/ISRCTN20141297

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

The primary outcome was the proportion of patients accepting randomisation to the treatment trial. Number of eligible patients randomised by nurses and urologists

#### Secondary outcome measures

Cost effectiveness of nurses and urologists

#### Overall study start date

01/06/1999

#### Completion date

31/05/2001

# **Eligibility**

#### Key inclusion criteria

Men aged 50-69 years from specific primary care centres in the three cities were invited to attend a 30-minute prostate check clinic appointment in which they were informed about the study and asked to consent to a prostate specific antigen (PSA) test. Men with a raised PSA (initially  $\geq$ 3.0 ng/ml if 5059 years;  $\geq$ 4.0 ng/ml if 6069 years; but changed to  $\geq$ 3.0 ng/ml for all men after 1 year) were invited for biopsy. Men with confirmed localised prostate cancer were invited to participate in a randomised trial of recruitment strategies.

#### Participant type(s)

Patient

#### Age group

Adult

#### Sex

Male

#### Target number of participants

150

#### Key exclusion criteria

Men considered by the GP to be unfit for any of the potential treatments (ie those terminally ill or with serious co-morbidity).

#### Date of first enrolment

01/06/1999

#### Date of final enrolment

31/05/2001

#### Locations

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre Department of Social Medicine

Bristol United Kingdom BS8 2PR

# Sponsor information

#### Organisation

Department of Health (UK)

#### Sponsor details

Quarry House Quarry Hill Leeds United Kingdom LS2 7UE +44 (0)1132 545 843 Sheila.Greener@doh.gsi.gov.uk

#### Sponsor type

Government

#### Website

http://www.dh.gov.uk/en/index.htm

#### **ROR**

https://ror.org/03sbpja79

# Funder(s)

### Funder type

Government

#### Funder Name

NIHR Health Technology Assessment Programme - HTA (UK)

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	 Peer reviewed?	Patient- facing?
Results article	results	05/10 /2002	Yes	No
Results article	results on patients' perceptions of randomisation and reasons for consent or refusal to participate in the ProtecT study	01/06 /2003	Yes	No
Results article	results on the effectiveness of nurses and surgeons in recruiting patients	01/07 /2003	Yes	No
Other publications	HTA monograph	01/10 /2003	Yes	No