Insulin sensitisation in post-menarcheal girls with a history of low birthweight and precocious pubarche: effects of the addition of antiandrogen treatment and of the androgen receptor length on body composition and endocrine-metabolic parameters

Submission date	Recruitment status No longer recruiting	Prospectively registered		
07/09/2005		Protocol		
Registration date	Overall study status	Statistical analysis plan		
05/10/2005	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
11/09/2009	Urological and Genital Diseases			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Prof Lourdes Ibañez

Contact details

Hospital Sant Joan de Deu Passeig de Sant Joan de Deu 2 Esplugues, Barcelona Spain 08950

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title

Study objectives

The endocrine-metabolic effects of insulin sensitisation +/- antiandrogen therapy will be directly related to the length of CAG repeats of the androgen receptor gene.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Ovarian hyperandrogenism

Interventions

Insulin sensitisation +/- antiandrogen treatment

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

Insulin, antiandrogen

Primary outcome measure

- 1. Development of clinical hyperandrogenism
- 2. Body composition

Secondary outcome measures

- 1. Decrease of androgens
- 2. Improvement of insulin sensitivity

Overall study start date

20/10/2003

Completion date

20/10/2006

Eligibility

Key inclusion criteria

- 1. Post-menarcheal state
- 2. A history of low birthweight and precocious pubarche
- 3. Subclinical ovarian hyperandrogenism
- 4. Hyperinsulinemia

Participant type(s)

Patient

Age group

Child

Sex

Female

Target number of participants

20

Key exclusion criteria

- 1. Clinical signs of androgen excess
- 2. Family or personal history of diabetes mellitus
- 3. Late-onset congenital adrenal hyperplasia

Date of first enrolment

20/10/2003

Date of final enrolment

20/10/2006

Locations

Countries of recruitment

Study participating centre Hospital Sant Joan de Deu Esplugues, Barcelona Spain 08950

Sponsor information

Organisation

Hospital Sant Joan de Deu (Spain)

Sponsor details

Passeig de Sant Joan de Deu, 2 Esplugues, Barcelona Spain 08950

Sponsor type

Hospital/treatment centre

ROR

https://ror.org/001jx2139

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Hospital Sant Joan de Deu (Spain)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summaryNot provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2007		Yes	No