

# A primary care randomised controlled trial of probiotics and xylitol for acute sore throat

<b>Submission date</b> 07/12/2004	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 27/01/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 19/02/2013	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Zoe Crosby

**Contact details**  
Department of Primary Medical Care  
Aldermoor Health Centre  
Aldermoor Close  
Southampton  
United Kingdom  
SO16 5ST  
+44 (0)23 8024 1050

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
RSO2540

# Study information

## Scientific Title

## Study objectives

Not provided at time of registration

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

GP practice

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Acute sore throat

## Interventions

Probiotics and xylitol (or placebos)

## Intervention Type

Other

## Phase

Not Applicable

## Primary outcome measure

Not provided at time of registration

## Secondary outcome measures

Not provided at time of registration

## Overall study start date

01/02/2005

**Completion date**

31/07/2007

## Eligibility

**Key inclusion criteria**

Adults attending primary care with acute sore throat

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/02/2005

**Date of final enrolment**

31/07/2007

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Department of Primary Medical Care

Southampton

United Kingdom

SO16 5ST

## Sponsor information

**Organisation**

University of Southampton (UK)

**Sponsor details**

Dr Peter Hooper  
Research Support Office  
University of Southampton  
Highfield  
Southampton  
England  
United Kingdom  
SO17 1BJ  
+44 (0)2380 598672  
info@rso.soton.ac.uk

**Sponsor type**

University/education

**ROR**

<https://ror.org/01ryk1543>

**Funder(s)****Funder type**

Government

**Funder Name**

Department of Health National Co-ordinating Centre for Research Capacity Development (DoH NCC RCD) Research Fellowship (UK)

**Results and Publications****Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration