

# Study investigating intravenously administered Oncocort in patients with metastatic prostate cancer

<b>Submission date</b> 20/12/2019	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 02/01/2020	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 23/08/2021	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

Prostate cancer can develop when cells in the prostate start to grow in an uncontrolled way. Castration-resistant prostate cancer (CRPC) is prostate cancer that keeps growing even when the amount of testosterone in the body is reduced to very low levels. Corticosteroids (such as dexamethasone) have demonstrated activity in men with CRPC. Corticosteroids, often known as steroids, are an anti-inflammatory medicine prescribed for a wide range of conditions. They're a man-made version of hormones normally produced by the adrenal glands (two small glands that sit on top of the kidneys).

A liposomal formulation of dexamethasone may be more effective in fighting cancer. Liposomes are small lipid particles, the drug is encapsulated in the liposomes. The purpose of a liposomal formulation is to prolong the exposure to dexamethasone and to target the cancer sites, as these sites absorb and break down the particles in a different manner compared to other tissues.

The aim of this study is to investigate the effects of two different dosing strategies with a liposomal formulation of dexamethasone.

### Who can participate?

Adult male patients with castration-resistant, metastatic prostate cancer, for whom no other treatment options remain except corticosteroid use.

### What does the study involve?

Patients are treated for ten weeks with intravenous administrations of a liposomal formulation of dexamethasone.

### What are the possible benefits and risks of participating?

Although there is no currently proven benefit for participating patients, it is thought that liposomal formulation of dexamethasone may reduce corticosteroid side effects and may have an inhibitory effect on tumour growth in patients with mCRPC, possibly delaying disease progression.

Where is the study run from?  
Centre for Human Drug Research, The Netherlands

When is the study starting and how long is it expected to run for?  
March 2017 to August 2019

Who is funding the study?  
Enceladus Pharmaceutical, The Netherlands

Who is the main contact?  
Josine Vrouwe  
clintrials@chdr.nl

## Contact information

**Type(s)**  
Public

**Contact name**  
Mrs Josine Vrouwe

**Contact details**  
Zernikedreef 08  
Leiden  
Netherlands  
2333 CL  
+31 (0)71 5246 400  
clintrials@chdr.nl

## Additional identifiers

**Clinical Trials Information System (CTIS)**  
2016-003121-42

**ClinicalTrials.gov (NCT)**  
Nil known

**Protocol serial number**  
CHDR1635

## Study information

**Scientific Title**  
A Phase I-IIa, open-label, single-center, dose-escalating study to evaluate the safety, pharmacokinetics and pharmacodynamics of intravenous pegylated liposomal dexamethasone sodium phosphate as monotherapy in patients with castration-resistant metastatic prostate cancer

**Study objectives**

The objective of the study is to determine the safety, tolerability, pharmacokinetics and pharmacodynamic effects of liposomal dexamethasone (Oncocort™) in patients with metastatic prostate cancer

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Approved 28/11/2016, Stichting Beoordeling Ethiek Biomedisch Onderzoek (Ethics and Biomedical Research Review Board) (Dr. Nassaulaan 10, 9401 HK Assen, The Netherlands; tel not provided; email not provided), ref: n/a

### **Study design**

Exploratory monocentre open-label prospective stage I-IIa dose-escalating study

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Castration-resistant metastatic prostate cancer

### **Interventions**

Intravenous pegylated liposomal dexamethasone sodium phosphate

Part A (patients 1-5): doses of 10 and 20 mg, dosing of 10 mg on day 1, dosing of 20 mg on days 8, 22, 36, 50 and day 64. Duration of infusion was 2.5 hours, drug administration started at a rate of 0.05 mL/minute over the first 40 minutes. The infusion rate was increased to 0.5 mL/min for the next 20 minutes and was then increased to 5 mL/min onwards

Part B (patients 6-10): 18.5 mg on days 1, 8, 15, 22, 29, 36, 43, 50, 57, 64. The duration of infusion was 2.5 hours, drug administration started at a rate of 0.05 mL/minute over the first 40 minutes. The infusion rate was increased to 0.5 mL/min for the next 20 minutes and was then increased to 5 mL/min onwards

### **Intervention Type**

Drug

### **Phase**

Phase I

### **Drug/device/biological/vaccine name(s)**

Intravenous pegylated liposomal dexamethasone sodium phosphate

### **Primary outcome(s)**

Safety and tolerability

1. Blood chemistry and haematology and Vital signs:

1.1. Heart rate (bpm),

- 1.2. Systolic and diastolic blood pressure (mmHg),
  - 1.3. Breath frequency (breaths per minute), and
  - 1.4. Temperature (degrees Celsius) are assessed for clinically significant abnormalities. Measurements are taken at screening (up to -28 days before the first dose) and at follow-up (10 weeks after study start). For participants in part A it is measured on days 1, 2, 5, 8, 9, 12, 22, 36, 50, 64, and participants in part B on days 1, 2, 4, 8, 9, 12, 15, 22, 29, 36, 43, 50, 57, 64.
  - 1.5. ECGs are made and assessed for clinically significant abnormalities at screening and follow-up and for participants in part A on days 1, 2, 5, 8, 9, 12, 22, 36, 50, 64, and participants in part B on days 1, 2, 4, 8, 9, 12, 15, 22, 29, 36, 43, 50, 57, 64.
  2. Routine laboratory assessments are measured, by assessment of blood chemistry (Sodium, chloride, potassium, calcium, inorganic phosphate, total protein, albumin, total cholesterol, triglycerides, glucose, creatinine, uric acid, total bilirubin<sup>2</sup>, alkaline phosphatase, AST, ALT, gamma-GT and LDH) and haematology:
    - 2.1. Haemoglobin
    - 2.2. Mean Corpuscular volume (MCV)
    - 2.3. Mean corpuscular haemoglobin (MCH)
    - 2.4. Mean corpuscular haemoglobin concentration (MCHC)
    - 2.5. Haematocrit
    - 2.6. Red cell count (RBC)
    - 2.7. Total white cell count (WBC)
    - 2.8. Leukocyte differential count
    - 2.9. Platelet count
    - 2.10. Differential blood count, including: basophils, eosinophils, neutrophils, lymphocytes, and monocytes.
- These laboratory outcomes are measured for participants in part A on days 1, 2, 5, 8, 9, 12, 22, 36, 50, 64, and participants in part B on days 1, 2, 4, 8, 9, 12, 15, 22, 29, 36, 43, 50, 57, 64

### **Key secondary outcome(s)**

Pharmacokinetics and pharmacodynamics of liposomal dexamethasone (Oncocort™) in patients with metastatic prostate cancer from baseline to end of study.

1. Pharmacokinetic endpoints:  
PK is measured by blood sampling at baseline, 1h, 2h, 3h, 4h, 6h, 8h, 12h, 24h, 48h and 96 hours after dosing on days 1 and 8. In addition, patients in Part B have a pre-dose sample on days 12, 15, 22, 29, 36, 43, 50, 57, 64. From these samples, the serum concentrations of dexamethasone and dexamethasone phosphate were measured
2. Pharmacodynamic effect endpoints:  
Pharmacodynamic effects are measured by:
  - 2.1. Comprehensiveness of bone metastases as assessed in scintigraphy/CT at 10 weeks compared to baseline
  - 2.2. Complement activation at baseline, after 24 hours and pre-dose on day 8
  - 2.3. PSA, cortisol, sex steroids, fasted glucose, lymphocyte count, at screening and follow-up and on days 1, 22, 36, 50

### **Completion date**

09/08/2019

## **Eligibility**

### **Key inclusion criteria**

1. Adult patients with mCRPC and one or more metastases in the bone, confirmed by bone scintigraphy, MRI or CT-scan within 6 weeks before first dosage
2. Able to participate, and willing to give written informed consent and to comply with the study restrictions
3. Body mass index (BMI) of 18 kg/m<sup>2</sup> or higher (inclusive) and a minimum weight of 50 kg
4. Not yet, or no longer eligible for other, registered therapy other than glucocorticoids
5. Live expectancy in good clinical condition (WHO 0-1) for more than 3 months

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

Male

**Total final enrolment**

9

**Key exclusion criteria**

1. Concomitant disease or condition that could interfere with, or for which the treatment might interfere with, the conduct of the study, or that would, in the opinion of the investigator, pose an unacceptable risk to the patient
2. Contraindication for glucocorticoids as judged by clinician or investigator
3. Use of systemic glucocorticosteroids within 4 weeks before first dosage, with exception of topical and inhalation steroids
4. Any confirmed and clinically significant allergic reactions (urticaria or anaphylaxis, non-active hay fever is acceptable). Allergy or hypersensitivity against any drug, including any component of the study drug, biologic therapy or IV radiocontrast agent
5. Clinically significant abnormalities, as judged by the investigator, following a detailed medical history, a physical examination including vital signs, 12-lead ECG and laboratory test results (including hepatic and renal panels, complete blood count, chemistry panel and urinalysis). In the case of uncertain or questionable results, tests performed during screening may be repeated before randomization to confirm eligibility or judged to be clinically irrelevant
6. History or symptoms of any significant disease including (but not limited to) neurological, psychiatric, endocrine, cardiovascular, respiratory, gastrointestinal, hepatic, or renal disorder that may aggravate due to study participation and jeopardize the health status of the patient
7. Any infection within 1 month prior to drug administration
8. Positive Hepatitis B surface antigen (HBsAg), Hepatitis C antibody (HCV Ab), or human immunodeficiency virus antibody (HIV Ab) at screening
9. History of alcohol or substance abuse
10. Use of CYP3A4-inhibiting drugs or food (grapefruit, grapefruit juice, grapefruit-containing products, Seville oranges, or pomelo-containing products, and quinine containing drinks within

14 days prior to dosage

11. Participation in an investigational drug or device study within 3 months prior to screening

12. Donation of blood over 500 mL within three months prior to screening

13. Vaccination within 6 weeks prior to start of treatment or planned vaccination up to 90 days after the final dose

14. Unwillingness or inability to comply with the study protocol for any other reason

15. Expected fulminant progression of disease

**Date of first enrolment**

16/03/2017

**Date of final enrolment**

01/10/2018

## **Locations**

**Countries of recruitment**

Netherlands

**Study participating centre**

**Centre for Human Drug Research**

Zernikedreef 08

Leiden

Netherlands

2333 CL

## **Sponsor information**

**Organisation**

Enceladus Pharmaceuticals (Netherlands)

**ROR**

<https://ror.org/05h13e956>

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

Enceladus Pharmaceutical

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>		20/08/2021	23/08/2021	Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes