Randomised control trial comparing two methods of learning: the Cambridge Medical Robot virtual reality headset, and computer-based e-learning modules, for training the set up of the Cambridge Medical Robot in an operating theatre

Submission date	Recruitment status No longer recruiting	Prospectively registered		
23/06/2023		☐ Protocol		
Registration date 01/08/2023	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	Individual participant data		
11/09/2024	Surgery			

Plain English summary of protocol

Background and study aims

This study aims to test the usability and effectiveness of a virtual reality headset which takes students through setting up a robotic machine in the operating theatre compared to an online learning programme currently used as part of the learning process.

Who can participate?

Medical students with no prior robotic exposure

What does the study involve?

Students will be randomly allocated into two groups: one will have the online e-learning resources, and the other will be issued a virtual reality headset which includes different tasks that 'immerse' them into an operating room environment where they can watch and practice the steps through virtual reality. They will be asked to complete either allocated resource within 2 weeks and attend the assessment thereafter.

What are the possible benefits and risks of participating?

The benefits of taking part include access to a new technology. Minor risks involve that of immersing into a virtual environment: a small risk of eye strain from using a VR headset for prolonged periods of time and will be cautioned against in the participant information sheet. It will be suggested participants use the headset in a space free of any wires/objects so as to not trip or collide with these in a virtual environment.

Where is the study run from? Cardiff and Vale University Health Board (UK) When is the study starting and how long is it expected to run for? December 2022 to July 2023

Who is funding the study? Cardiff and Vale University Health Board (UK)

Who is the main contact? Catherine Eley, catherine.eley@wales.nhs.uk

Contact information

Type(s)

Principal Investigator

Contact name

Miss Catherine Eley

ORCID ID

http://orcid.org/0000-0002-3485-0834

Contact details

8 Heol Booths St Ederyns Village Old St Mellons Cardiff United Kingdom CF3 6WA +44 (0)7789996261 catherine.eley@wales.nhs.uk

Additional identifiers

EudraCT/CTIS number

Nil known

IRAS number

ClinicalTrials.gov number

Nil known

Secondary identifying numbers

Nil known

Study information

Scientific Title

VROBOT: Virtual Reality Or e-learning Better for robot Operating Theatre set up

Acronym

VROBOT

Study objectives

Virtual reality training improves practical operating room set-up when compared to existing elearning module training

Ethics approval required

Ethics approval required

Ethics approval(s)

Approved 26/01/2023, Cardiff University School of Medicine Research Ethics Committee (Cardiff University, Heath Park, Cardiff, CF144XN, United Kingdom; +44 (0)2920687689; hcareethics@cardiff.ac.uk), ref: SMREC23/01

Study design

Single-centre interventional single-blinded randomized control trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Training facility/simulation, University/medical school/dental school

Study type(s)

Other

Participant information sheet

See study outputs table

Health condition(s) or problem(s) studied

Improvement of the set-up of the CMR Versius robot in an operating theatre

Interventions

Participants were randomised using an electronic randomiser into one of two groups. CMR (Cambridge Medical Robot) Virtual reality headsets were issued to the virtual reality training group and CMR e-learning credentials issued to the e-learning group. The assessors were blinded to the training intervention. The training method was issued and participants were given 2 weeks to complete either method.

Intervention Type

Device

Pharmaceutical study type(s)

Not Applicable

Phase

Not Applicable

Drug/device/biological/vaccine name(s)

CMR (Cambridge Medical Robot) virtual reality headset

Primary outcome measure

Improvement in operation theatre CMR versius robot set-up is measured using a modified CMR assessment sheet following the completion of either intervention. The overall score will be measured using the sum of 38 tasks using a Likert scale of 1-5 per task: Timepoint 0 hours; Total score /190

Secondary outcome measures

Robot set-up self-assessed confidence:

- 1. Individual task scores will be measured using a Likert scale of 1-5 at 0 hours post-assessment: Timepoint 0
- 2. Time will be measured in minutes from the beginning to the end of the assessment: Timepoint 0
- 3. Self-assessed confidence scores will be assessed using a Likert scale of 1-5 at 0 hours post assessment

Overall study start date

01/12/2022

Completion date

01/07/2023

Eligibility

Key inclusion criteria

- 1. Medical students with no prior robotic experience
- 2. Access to a laptop and internet connection at home
- 3. Visually able to use the VR headset

Participant type(s)

Learner/student

Age group

Adult

Sex

Both

Target number of participants

30

Total final enrolment

30

Kev exclusion criteria

- 1. Those with prior education in setting up the CMR Versius robot
- 2. Those unable to use the VR headset

Date of first enrolment

08/02/2023

Date of final enrolment

01/05/2023

Locations

Countries of recruitment

United Kingdom

Wales

Study participating centre University Hospital of Wales

Heath Park Cardiff United Kingdom CF14 4XW

Sponsor information

Organisation

Cardiff and Vale University Health Board

Sponsor details

Heath Park
Cardiff
Wales
United Kingdom
CF144XW
+44 (0)2920747747
james.ansell@wales.nhs.uk

Sponsor type

Hospital/treatment centre

Website

http://www.cardiffandvaleuhb.wales.nhs.uk/home

ROR

https://ror.org/0489f6q08

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Cardiff and Vale University Health Board

Results and Publications

Publication and dissemination plan

Planned publication in a high-impact peer reviewed journal

Intention to publish date

01/05/2024

Individual participant data (IPD) sharing plan

The datasets generated and analysed during the current study will be available upon request from Catherine Eley (catherine.eley@wales.nhs.uk).

The type of data that will be shared: SPSS spreadsheet of anonymised data.

Whether consent from participants was required and obtained: Consent was obtained via returned electronic consent form.

Comments on data anonymization: Participants were assigned a participant ID and all data saved was done so anonymously using this study ID number.

IPD sharing plan summary

Available on request

Study outputs

Output type	Details version 2	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet			26/06/2023	No	Yes
Results article		30/03/2024	11/09/2024	Yes	No