

Pilot: Two integrated pilot evaluations of a CD-ROM based Multi-Media intervention for carers of young people with anorexia nervosa

Submission date 29/09/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 29/09/2006	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 18/02/2021	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

N0042161224

Study information

Scientific Title

Pilot: Two integrated pilot evaluations of a CD-ROM based Multi-Media intervention for carers of young people with anorexia nervosa

Study objectives

1. To increase our knowledge of models/components of effective care-giving in eating disorders
2. To study a computerised intervention designed for carers of people with anorexia nervosa

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Anorexia nervosa

Interventions

A computerised intervention for carers of people with anorexia nervosa has been developed in the SLAM Eating Disorders Unit. This CD-ROM contains 9 interactive modules, which teach carers disease- and self-management skills.

A cohort of carers of people with anorexia nervosa will be offered to access the CD-ROM in the eating disorders clinic over 6 to 8 weeks or to take it home. An assessment of carer and patient variables will be conducted prior to starting the CD-ROM, at 8 weeks and at follow up 2 months later.

A randomised controlled trial will compare Anorexia Nervosa carers recruited via the Eating Disorders Association comparing CD-Rom vs informal support offered via the Eating Disorders Association

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Carer-related measures

Key secondary outcome(s)

Not provided at time of registration

Completion date

09/02/2008

Eligibility

Key inclusion criteria

Carers of people with Anorexia Nervosa, uptake of CD-ROM, attitudes to self-help

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Total final enrolment

64

Key exclusion criteria

1. Carers of people with eating disorders other than anorexia nervosa
2. Carers/parents with severe learning difficulties or a major mental illness

Date of first enrolment

01/01/2005

Date of final enrolment

09/02/2008

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Outpatient Dept

London

United Kingdom

SE5 8AZ

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

South London and Maudsley NHS Trust

Funder Name

NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2011	18/02/2021	Yes	No