

Pilot: Two integrated pilot evaluations of a CD-ROM based Multi-Media intervention for carers of young people with anorexia nervosa

Submission date 29/09/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 29/09/2006	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 18/02/2021	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

Pilot: Two integrated pilot evaluations of a CD-ROM based Multi-Media intervention for carers of young people with anorexia nervosa

Study objectives

1. To increase our knowledge of models/components of effective care-giving in eating disorders
2. To study a computerised intervention designed for carers of people with anorexia nervosa

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Anorexia nervosa

Interventions

A computerised intervention for carers of people with anorexia nervosa has been developed in the SLAM Eating Disorders Unit. This CD-ROM contains 9 interactive modules, which teach carers disease- and self-management skills.

A cohort of carers of people with anorexia nervosa will be offered to access the CD-ROM in the eating disorders clinic over 6 to 8 weeks or to take it home. An assessment of carer and patient variables will be conducted prior to starting the CD-ROM, at 8 weeks and at follow up 2 months later.

A randomised controlled trial will compare Anorexia Nervosa carers recruited via the Eating Disorders Association comparing CD-Rom vs informal support offered via the Eating Disorders Association

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Carer-related measures

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/01/2005

Completion date

09/02/2008

Eligibility**Key inclusion criteria**

Carers of people with Anorexia Nervosa, uptake of CD-ROM, attitudes to self-help

Participant type(s)

Patient

Age group

Adult

Sex

Not Specified

Target number of participants

Not provided at time of registration

Total final enrolment

64

Key exclusion criteria

1. Carers of people with eating disorders other than anorexia nervosa
2. Carers/parents with severe learning difficulties or a major mental illness

Date of first enrolment

01/01/2005

Date of final enrolment

09/02/2008

Locations

Countries of recruitment

England

United Kingdom

Study participating centre**Outpatient Dept**

London

United Kingdom

SE5 8AZ

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health (UK)

Sponsor details

The Department of Health, Richmond House, 79 Whitehall

London

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SW1A 2NL

+44 (0)20 7307 2622

dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

<http://www.dh.gov.uk/Home/fs/en>

Funder(s)

Funder type

Government

Funder Name

South London and Maudsley NHS Trust

Funder Name

NHS R&D Support Funding

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2011	18/02/2021	Yes	No