

# Understanding the development and running of Recovery Colleges in England

<b>Submission date</b> 26/07/2021	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 10/08/2021	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 26/05/2022	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Recovery Colleges are a recent approach to supporting people living with mental health problems. They are collaborative, strengths-based, person-centred, inclusive (i.e. available to all) and community-focused. A Recovery College provides support to students (mainly mental health service users but also family members, staff and other stakeholders) through adult education rather than through clinical approaches. This research project aims to investigate how Recovery Colleges can provide the most benefit to people who use mental health services using five scientific studies. This is the first study, which aims to understand and describe Recovery Colleges in England.

### Who can participate?

Managers or senior leaders of Recovery Colleges in England, aged over 18 years

### What does the study involve?

To describe Recovery Colleges in England, a national survey will be sent to Recovery College managers to investigate what each Recovery College looks like and how it runs. The survey will include a manager-rated assessment of Recovery College fidelity. Once managers have completed the survey, they will then be invited to take part in a 45-minute follow-up interview to explore how their Recovery College worked before and after the pandemic.

### What are the possible benefits and risks of participating?

Recovery College managers will get the opportunity to have their Recovery College represented in the national survey and findings may help shape future service direction. There are no known risks to participating in this study.

### Where is the study run from?

King's College London (UK)

### When is the study starting and how long is it expected to run for?

December 2020 to November 2025

Who is funding the study?  
National Institute for Health Research (NIHR) (UK)

Who is the main contact?  
Daniel Hayes  
RECOLLECT@kcl.ac.uk

## Contact information

**Type(s)**  
Public

**Contact name**  
Dr Daniel Hayes

**ORCID ID**  
<https://orcid.org/0000-0003-4948-3333>

**Contact details**  
Health Service and Population Research Department  
King's College London Institute of Psychiatry, Psychology and Neuroscience  
De Crespigny Park  
London  
United Kingdom  
SE5 8AF  
+44 (0)7385 466427  
RECOLLECT@kcl.ac.uk

**Type(s)**  
Public

**Contact name**  
Dr Claire Henderson

**ORCID ID**  
<https://orcid.org/0000-0002-6998-5659>

**Contact details**  
Health Service and Population Research Department  
King's College London Institute of Psychiatry, Psychology and Neuroscience  
De Crespigny Park  
London  
United Kingdom  
SE5 8AF  
+44 (0) 20 7848 5075  
RECOLLECT@kcl.ac.uk

## Additional identifiers

Clinical Trials Information System (CTIS)

Nil known

**Integrated Research Application System (IRAS)**

211925

**ClinicalTrials.gov (NCT)**

Nil known

**Protocol serial number**

RP-DG-0615-10008, IRAS 211925, CPMS 32791

## **Study information**

**Scientific Title**

Recovery Colleges Characterisation and Testing (RECOLLECT): Understanding the development and running of Recovery Colleges in England using a national survey and follow-up interviews with Recovery College Management

**Acronym**

RECOLLECT 2

**Study objectives**

Objectives:

1. To describe Recovery Colleges in England
2. To establish Recovery College costs
3. To establish how the pandemic has affected Recovery Colleges
4. To understand the organisational context and history of Recovery Colleges

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

The research was reviewed by the sponsor (Nottinghamshire Healthcare NHS Foundation Trust), who confirmed that approval from a research ethics committee was not needed as this is a study of usual practice. Sponsorship number: 118257

**Study design**

National survey and qualitative interviews

**Primary study design**

Observational

**Study type(s)**

Other

**Health condition(s) or problem(s) studied**

Mental health and wellbeing

**Interventions**

The intervention in question is 'Recovery Colleges'. For the purposes of the project, these are services that meet the following criteria:

1. They focus on supporting personal recovery
2. They aspire to co-production
3. They aspire to adult learning

This study will be describing the running of Recovery Colleges and establishing the costs of Recovery Colleges in England as well as exploring how COVID-19 has influenced Recovery College function. To describe the running of Recovery Colleges and the costs associated with this, the researchers will employ a national survey of Recovery College managers in England at a single timepoint. This survey will also measure Recovery College fidelity. Follow-up qualitative interviews will then be used to examine the impact that COVID-19 has had on Recovery College function.

### **Intervention Type**

Other

### **Primary outcome(s)**

The running of Recovery Colleges and the associated costs, assessed using a national survey of Recovery College managers in England at a single timepoint

### **Key secondary outcome(s)**

There are no secondary outcome measures

### **Completion date**

30/11/2025

## **Eligibility**

### **Key inclusion criteria**

1. A Manager/Senior leader at a Recovery College
2. Give informed consent

### **Participant type(s)**

Health professional

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Sex**

All

### **Key exclusion criteria**

1. Aged under 18 years
2. Unable to give informed consent
3. Not a Manager/Senior leader

**Date of first enrolment**

01/08/2021

**Date of final enrolment**

31/12/2021

## **Locations**

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Kings College London (Institute of Psychiatry, Psychology and Neuroscience)**

Health Services and Population Research Department

David Goldberg Centre, De Crespigny Park

London

United Kingdom

SE5 8AF

## **Sponsor information**

**Organisation**

Nottinghamshire Healthcare NHS Foundation Trust

**ROR**

<https://ror.org/04ehjk122>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

National Institute for Health Research

**Alternative Name(s)**

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

**Funding Body Type**

Government organisation

### Funding Body Subtype

National government

### Location

United Kingdom

## Results and Publications

### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from the sponsor Nottinghamshire Healthcare NHS Foundation Trust (research@nottshc.nhs.uk) at the end of the study in 2025. Data will be in an anonymised form for descriptive and exploratory research.

### IPD sharing plan summary

Available on request

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes