

# Understanding the development and running of Recovery Colleges in England

<b>Submission date</b> 26/07/2021	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 10/08/2021	<b>Overall study status</b> Ongoing	<input type="checkbox"/> Protocol
<b>Last Edited</b> 26/05/2022	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Recovery Colleges are a recent approach to supporting people living with mental health problems. They are collaborative, strengths-based, person-centred, inclusive (i.e. available to all) and community-focused. A Recovery College provides support to students (mainly mental health service users but also family members, staff and other stakeholders) through adult education rather than through clinical approaches. This research project aims to investigate how Recovery Colleges can provide the most benefit to people who use mental health services using five scientific studies. This is the first study, which aims to understand and describe Recovery Colleges in England.

### Who can participate?

Managers or senior leaders of Recovery Colleges in England, aged over 18 years

### What does the study involve?

To describe Recovery Colleges in England, a national survey will be sent to Recovery College managers to investigate what each Recovery College looks like and how it runs. The survey will include a manager-rated assessment of Recovery College fidelity. Once managers have completed the survey, they will then be invited to take part in a 45-minute follow-up interview to explore how their Recovery College worked before and after the pandemic.

### What are the possible benefits and risks of participating?

Recovery College managers will get the opportunity to have their Recovery College represented in the national survey and findings may help shape future service direction. There are no known risks to participating in this study.

### Where is the study run from?

King's College London (UK)

### When is the study starting and how long is it expected to run for?

December 2020 to November 2025

Who is funding the study?  
National Institute for Health Research (NIHR) (UK)

Who is the main contact?  
Daniel Hayes  
RECOLLECT@kcl.ac.uk

**Study website**  
<https://www.researchintorecovery.com/research/recollect/>

## Contact information

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Public

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# Additional identifiers

## EudraCT/CTIS number

Nil known

## IRAS number

211925

## ClinicalTrials.gov number

Nil known

## Secondary identifying numbers

RP-DG-0615-10008, IRAS 211925, CPMS 32791

# Study information

## Scientific Title

Recovery Colleges Characterisation and Testing (RECOLLECT): Understanding the development and running of Recovery Colleges in England using a national survey and follow-up interviews with Recovery College Management

## Acronym

RECOLLECT 2

## Study objectives

Objectives:

1. To describe Recovery Colleges in England
2. To establish Recovery College costs
3. To establish how the pandemic has affected Recovery Colleges
4. To understand the organisational context and history of Recovery Colleges

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

The research was reviewed by the sponsor (Nottinghamshire Healthcare NHS Foundation Trust), who confirmed that approval from a research ethics committee was not needed as this is a study of usual practice. Sponsorship number: 118257

## Study design

National survey and qualitative interviews

## Primary study design

Observational

## Secondary study design

National survey and qualitative interviews

## Study setting(s)

Other

**Study type(s)**

Other

**Participant information sheet**

No participant information sheet available

**Health condition(s) or problem(s) studied**

Mental health and wellbeing

**Interventions**

The intervention in question is 'Recovery Colleges'. For the purposes of the project, these are services that meet the following criteria:

1. They focus on supporting personal recovery
2. They aspire to co-production
3. They aspire to adult learning

This study will be describing the running of Recovery Colleges and establishing the costs of Recovery Colleges in England as well as exploring how COVID-19 has influenced Recovery College function. To describe the running of Recovery Colleges and the costs associated with this, the researchers will employ a national survey of Recovery College managers in England at a single timepoint. This survey will also measure Recovery College fidelity. Follow-up qualitative interviews will then be used to examine the impact that COVID-19 has had on Recovery College function.

**Intervention Type**

Other

**Primary outcome measure**

The running of Recovery Colleges and the associated costs, assessed using a national survey of Recovery College managers in England at a single timepoint

**Secondary outcome measures**

There are no secondary outcome measures

**Overall study start date**

01/12/2020

**Completion date**

30/11/2025

**Eligibility****Key inclusion criteria**

1. A Manager/Senior leader at a Recovery College
2. Give informed consent

**Participant type(s)**

Health professional

**Age group**

Adult

**Sex**

Both

**Target number of participants**

80

**Key exclusion criteria**

1. Aged under 18 years
2. Unable to give informed consent
3. Not a Manager/Senior leader

**Date of first enrolment**

01/08/2021

**Date of final enrolment**

31/12/2021

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Kings College London (Institute of Psychiatry, Psychology and Neuroscience)**

Health Services and Population Research Department

David Goldberg Centre, De Crespigny Park

London

United Kingdom

SE5 8AF

**Sponsor information****Organisation**

Nottinghamshire Healthcare NHS Foundation Trust

**Sponsor details**

Duncan Macmillan House

Porchester Road

Nottingham

England

United Kingdom  
NG3 6AA  
+44 (0)115 969 1300  
research@nottshc.nhs.uk

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.nottinghamshirehealthcare.nhs.uk/>

**ROR**

<https://ror.org/04ehjk122>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

National Institute for Health Research

**Alternative Name(s)**

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

United Kingdom

## **Results and Publications**

**Publication and dissemination plan**

Additional documents are available on request from the authors.

Dissemination will include tailored messaging through various networks (professional, service user and carer, research networks including into low- and middle-income countries, ImROC, the Recovery College Network), via websites (e.g., Research into Recovery), and a knowledge mobilisation event at the end of the programme.

Outputs will include papers in high impact academic/practitioner journals, conferences, reports and briefings.

**Intention to publish date**

01/06/2022

**Individual participant data (IPD) sharing plan**

The datasets generated during and/or analysed during the current study are/will be available upon request from the sponsor Nottinghamshire Healthcare NHS Foundation Trust (research@nottshc.nhs.uk) at the end of the study in 2025. Data will be in an anonymised form for descriptive and exploratory research.

**IPD sharing plan summary**

Available on request