

Can a university course help communicate palliative care?

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| Submission date 31/01/2023 | Recruitment status No longer recruiting | <input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol |
| Registration date 01/02/2023 | Overall study status Completed | <input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results |
| Last Edited 17/06/2024 | Condition category Other | <input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year |

Plain English summary of protocol

Background and study aims

Society associates palliative care with "death" or "end of life", which causes them fear and anxiety. The media worsens the misunderstanding by depicting a wrong picture of palliative care. Educational innovation for university students may serve as an alternative communication strategy. Care and Society is a university course designed by and for students from non-health degrees to help disseminate the palliative care message. The first year of the Teach-Inn Pal project aims to evaluate the effects of the course and to identify areas of improvement.

Who can participate?

University students enrolled in the course

What does the study involve?

University students are invited to test and redesign the palliative care message. Knowledge and empathy will be measured throughout the learning process. Afterwards, analysis of the course material will be carried out.

What are the possible benefits and risks of participating?

Participants may benefit from learning about palliative care and the concept of care within our society. There are no risks.

Where is the study run from?

The University of Navarra (Spain)

When is the study starting and how long is it expected to run for?

November 2021 to October 2024

Who is funding the study?

The University of Navarra (Spain)

Who is the main contact?

Ana Paula Salas, asalasma@unav.es

Contact information

Type(s)

Public

Contact name

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Additional identifiers

Clinical Trials Information System (CTIS)

Nil known

ClinicalTrials.gov (NCT)

Nil known

Protocol serial number

Nil known

Study information

Scientific Title

Educational innovation as a communication strategy in palliative care (Teach-Inn Pal)

Acronym

Teach-Inn Pal

Study objectives

The Care and Society course can work as a campaign to refocus public opinion on palliative care

Ethics approval required

Old ethics approval format

Ethics approval(s)

Approved 17/02/2022, University of Navarra Research Ethics Committee (Av. Pío XII, 36. 31008 Pamplona. Spain; +34 (0)948 255 400; ceic@unav.es), ref: 2021.204

Study design

Prospective participatory action research study

Primary study design

Observational

Study type(s)

Other

Health condition(s) or problem(s) studied

Palliative care

Interventions

University students enrolled in the course (n = 29) are invited to test and redesign the palliative care message. Knowledge and empathy will be measured throughout the learning process. Afterwards, qualitative, thematic, inductive analysis of the course material will be carried out.

Intervention Type

Behavioural

Primary outcome(s)

The knowledge and attitudes of the students are measured through a Palliative Care Knowledge Questionnaire and a Cognitive and Affective Empathy Test (TECA) before, during and after the course

Key secondary outcome(s)

The retention of the knowledge and the retransmission of the message will be assessed through in-depth interviews 5 months after the course is over

Completion date

31/10/2024

Eligibility

Key inclusion criteria

Students in their second or subsequent years of university at the Schools of Economics and Business, Architecture, Education and Psychology

Participant type(s)

Other

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Total final enrolment

Key exclusion criteria

Students in fields somewhat related to health will not be admitted

Date of first enrolment

01/01/2022

Date of final enrolment

15/01/2022

Locations

Countries of recruitment

Spain

Study participating centre

University of Navarra

Campus universitario

Pamplona, Navarra

Spain

31007

Sponsor information

Organisation

University of Navarra

ROR

<https://ror.org/02rxc7m23>

Funder(s)

Funder type

University/education

Funder Name

Universidad de Navarra

Alternative Name(s)

University of Navarra

Funding Body Type

Private sector organisation

Funding Body Subtype

Universities (academic only)

Location

Spain

Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated during and/or analyses during current study are not expected to be made available due to the data protection law in Spain.

IPD sharing plan summary

Stored in non-publicly available repository, Not expected to be made available

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---|-------------------------------|--------------|------------|----------------|-----------------|
| Protocol article | | 09/06/2023 | 12/06/2023 | Yes | No |
| Participant information sheet | | | 31/01/2023 | No | Yes |
| Participant information sheet | Participant information sheet | 11/11/2025 | 11/11/2025 | No | Yes |
| Protocol file | | | 31/01/2023 | No | No |