# Procalcitonin to guide duration of antibiotic therapy in intensive care patients

Submission date	<b>Recruitment status</b> No longer recruiting	Prospectively registered		
19/02/2009		☐ Protocol		
Registration date 24/02/2009	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 24/01/2020	Condition category Infections and Infestations	Individual participant data		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Stefan Schroeder

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

Procalcitonin to guide duration of antibiotic therapy in intensive care patients: a randomised controlled single-centre trial

## **Study objectives**

Daily serum procalcitonin determination reduces length of antibiotic therapy.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics Committee of Medical Faculty, Christian Albrecht University of Kiel, approved on 01/12/2005 (ref: A158/05)

## Study design

Randomised controlled single-centre trial

# Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

# Study type(s)

Treatment

# Participant information sheet

# Health condition(s) or problem(s) studied

Bacterial infection in intensive care patients

#### **Interventions**

Patients were randomly assigned to either a Procalcitonin (PCT)-guided (study group) or a standard (control group) antibiotic regimen. For both groups antibiotics were selected upon confirmed or highly suspected bacterial infections.

Antibiotic therapy in the PCT-guided group was discontinued if clinical signs and symptoms of infection improved and 1) PCT decreased to <1 ng/ml or 2) the PCT value was >1 ng/ml, but had dropped to 25-35% of the initial value over 3 days.

In the control group antibiotic treatment was applied as standard regimen over 8 days.

Irrespective of the study group and at any time point, the physician in charge had the option to proceed with or adjust the antibiotic treatment, if there were clinical reasons to do so.

#### Intervention Type

Other

#### **Phase**

Not Applicable

# Primary outcome measure

Duration of antibiotic therapy.

## Secondary outcome measures

No secondary outcome measures

#### Overall study start date

01/01/2006

#### Completion date

31/03/2007

# **Eligibility**

#### Key inclusion criteria

All patients (both males and females, >18 years) requiring antibiotic therapy based on confirmed or highly suspected bacterial infections and at least 2 concomitant Systemic Inflammatory Response Syndrome (SIRS) criteria.

# Participant type(s)

**Patient** 

# Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

# Target number of participants

110

#### Total final enrolment

110

# Key exclusion criteria

- 1. Patients who refused study consent
- 2. Patients whose antibiotic treatment had been initiated before intensive care admission
- 3. Patients who had therapy limitations

#### Date of first enrolment

01/01/2006

#### Date of final enrolment

31/03/2007

# Locations

# Countries of recruitment

Germany

Study participating centre West Coast Hospital Heide Germany 25746

# Sponsor information

# Organisation

Westküstenkliniken [West Coast Hospitals]

# Sponsor details

Esmarchstr.50 Heide Germany 25746

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.wkk-online.de

# Funder(s)

# Funder type

Hospital/treatment centre

#### **Funder Name**

Westküstenkliniken [West Coast Hospitals]

# **Results and Publications**

Publication and dissemination plan

# Not provided at time of registration

# Intention to publish date

# Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2008		Yes	No
Results article	results	01/06/2009		Yes	No