Comparing tissue glue to suturing in gum graft surgery

Submission date	Recruitment status No longer recruiting	Prospectively registered		
20/12/2019		☐ Protocol		
Registration date 02/01/2020	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited 01/07/2022	Condition category Oral Health	Individual participant data		

Plain English summary of protocol

Background and study aims

This study aims to compare using glue or suturing (stitches) to hold gum tissue in place during gum grafting surgery.

Who can participate?

Healthy adults aged 18-45 years who are non-smokers

What does the study involve?

Two pieces of gum will be grafted for each patient. One will be attached using suturing, the other with the glue. The size of the grafts, their healing and the patient's pain will be assessed afterwards.

What are the possible benefits and risks of participating?

Dentists commonly use suturing and glue in these procedures. Both are safe and should not cause any additional risks, other than those involved in the gum grafting procedure. All participants will receive the same treatment.

Where is the study run from? Damascus University (Syria)

When is the study starting and how long is it expected to run for? March 2019 to January 2020

Who is funding the study? Damascus University (Syria)

Who is the main contact?

Dr Mohamed Aghiad Alhourani, agheadhou@hotmail.com

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Clinical Trials Information System (CTIS)

Nil known

ClinicalTrials.gov (NCT)

Nil known

Protocol serial number

MS2773

Study information

Scientific Title

Comparison between using tissue adhesive (N-butyl cyanoacrylate/octyl cyanoacrylate) and conventional sutures in free gingival graft surgery

Study objectives

We are trying to test the efficacy of a new formula of cyanoacrylate tissue adhesive (IceBerg Glue tissue adhesive), and comparing it to traditional methods in free gingival graft surgery.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Approved 04/08/2019, Damascus University Rector (Baramkeh, Damascus, Syria; +966 55 506 3806; no email), ref: 2773MS

Study design

Randomized internal-controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Free gingival (gum) graft treatment for absence or insufficiency of attached gingiva

Interventions

This study is a split mouth randomized clinical trial. The patient chose a piece of paper to decide which side was to be sutured and which was to be sealed with tissue adhesive and the paper was opened just before the operation.

The patient's palate was anaesthetized. Then one long piece of the free gingival graft 1-1.5 mm thickness was harvested from the palate (from the second molar to the first pre-molar), then it was divided into two equal pieces for the vestibuloplasty. The grafted area was made by a small blade to gain a depth about 10 mm and was extended along the targeted area on two sides. One piece was fixed in its bed using nylon sutures. The other one was put in its bed and the dentist held his finger on it for 5 min to encourage its initial stability. Then 4 drops of the tissue adhesive "IceBerg Glue" were applied.

Patients returned after 1 week to have the sutures removed. They were followed up at 2 weeks, 1 months, 2 months, 3 months, and 6 months.

Intervention Type

Procedure/Surgery

Primary outcome(s)

Shrinkage of the graft assessed using at 2 months, 3 months and 6 months. A standard sizing template of known size is placed beside the graft and digital photographs are taken. Software is used to calculate the size of the graft by comparing it with the template in the images.

Key secondary outcome(s))

- 1. Recipient site healing assessed using the modified early-wound healing index (MEHI) at 1 week, 2 weeks, 1 month and 2 months
- 2. Recipient site pain assessed by the patient using a 1-10 visual analogue scale at 6 h, 12 h, 24 h, 2 days, 3 days, 4 days, 5 days, 6 days and 7 days after surgery

Completion date

10/01/2020

Eligibility

Key inclusion criteria

- 1. Attached gingiva ≤1 mm
- 2. No systemic diseases
- 3. Non-smoker
- 4. Gingival inflammation and plaque indexes <20% at time of surgery
- 5. Aged 18-45 years

Participant type(s)

Patient

Healthy volunteers allowed

Age group

Adult

Lower age limit

18 years

Upper age limit

45 years

Sex

All

Total final enrolment

12

Key exclusion criteria

- 1. Systemic disease that would interfere with the healing process
- 2. Has undergone previous periodontal surgery
- 3. Poor endodontic treatment
- 4. Tooth mobility
- 5. Severe gingival pigmentation
- 6. Pregnant
- 7. Radiation-exposed
- 8. Alcoholic
- 9. Receiving diuretic treatment
- 10. Taking hormone alternatives
- 11. Immunocompromised

Date of first enrolment

06/04/2019

Date of final enrolment

10/06/2019

Locations

Countries of recruitment

Syria

Study participating centre Damascus University

Department of Periodontology Mazzah High Way Damascus Syria

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Sponsor information

Organisation

Damascus University

ROR

https://ror.org/03m098d13

Funder(s)

Funder type

University/education

Funder Name

Damascus University

Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from Dr.Mhd Aghiad Alhourani (agheadhou@hotmail.com/dr.aghiadalhourani@hotmail.com) or the Higher Education Council at Damascus University by application in person. All photos for all the participants will be available, along with all the data and the statistical analysis after Dr Alhourani has finished follow-up and collected all the data.

IPD sharing plan summary

Available on request

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		30/06/2022	01/07/2022	Yes	No
Participant infor	mation sheet	02/01/2020	02/01/2020	No	Yes
Participant infor	mation sheet Participant information s	heet 11/11/2025	11/11/2025	No	Yes