

# Randomised controlled trial on risk adapted damage control orthopaedic surgery of femur shaft fractures in multiple trauma patients

<b>Submission date</b> 05/01/2007	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 09/02/2007	<b>Overall study status</b> Completed	<input checked="" type="checkbox"/> Protocol
<b>Last Edited</b> 13/10/2016	<b>Condition category</b> Injury, Occupational Diseases, Poisoning	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

## Study information

### Scientific Title

Randomised controlled trial on risk adapted damage control orthopaedic surgery of femur shaft fractures in multiple trauma patients

### Study objectives

Primary reamed nailing of femoral shaft fracture versus temporary fixation with fixateur externe and secondary reamed intramedullary nailing (not earlier than 48 hours after trauma) are different in maximum Sepsis-related Organ Failure (SOFA) score within four weeks after trauma.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

University of Cologne, 13/11/2006, ref: 02-109

### Study design

Randomised controlled trial without blinding

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

### Health condition(s) or problem(s) studied

Multiple trauma (including femoral shaft fracture)

### Interventions

Experimental intervention:

Temporary fixation with fixateur externe and secondary reamed intramedullary nailing not earlier than 48 hours after trauma.

Control intervention:

Primary reamed nailing of femoral shaft fracture.

### Intervention Type

## Procedure/Surgery

### Primary outcome measure

Maximum SOFA Score within 4 weeks after trauma

### Secondary outcome measures

1. Hospital mortality
2. Cumulative organ failure = sum of SOFA score points for the first 28 days
3. Acute Respiratory Distress Syndrome (ARDS) incidence
4. Systemic Inflammatory Response Syndrome (SIRS) and sepsis incidence during Intensive Care Unit (ICU) stay
5. Quantity and duration of surgical interventions, anaesthetics and costs of surgery (material, time)
6. Length of ICU stay, number of ventilator free days
7. Therapeutic Intervention Scoring System (TISS) 28 during ICU (costs)
8. Rate of phlegmona of the medullary cavity
9. Patient rate in which conversion to internal fixation was not possible
10. Rate of pseudarthrosis
11. Functional outcome at discharge, six and 12 months after trauma
12. Quality of life at discharge, six and 12 months after trauma (determined by Polytrauma Outcome [POLO] chart)
13. Glasgow Outcome Scale (GOS) at discharge, six and 12 months after trauma
14. Length of hospital stay
15. Length of inability to work

### Overall study start date

01/04/2007

### Completion date

01/04/2009

## Eligibility

### Key inclusion criteria

1. Multiple trauma (injury of at least two body regions)
2. Injury Severity Score (ISS) more than 16
3. Femoral shaft fracture which can be treated in principle by nail or fixateur externe
4. Beginning of surgical treatment within 24 hours after trauma
5. Patient aged 18 years and older
6. Calculated probability of death between 20% and 60%
7. All factors known which are needed for the calculation of probability of death (age, ISS, Glasgow Coma Score [GCS], base excess, quick)

### Participant type(s)

Patient

### Age group

Adult

### Lower age limit

18 Years

**Sex**

Both

**Target number of participants**

140

**Key exclusion criteria**

1. III° open fractures
2. Endangerment of the patient by one of the both strategies
3. Refusal of one of both strategies by either the investigator or the patient
4. Start of internal or external fracture fixation before randomisation
5. Participation in concurrent interventional trials
6. Pregnancy

**Date of first enrolment**

01/04/2007

**Date of final enrolment**

01/04/2009

## Locations

**Countries of recruitment**

Germany

**Study participating centre**

University of Witten/Herdecke

Cologne

Germany

51109

## Sponsor information

**Organisation**

Private University of Witten/Herdecke gGmbH (Germany)

**Sponsor details**

Alfred-Herrhausen-Str. 50

Witten

Germany

58448

**Sponsor type**

University/education

**Website**

<http://www.uni-wh.de/>

**ROR**

<https://ror.org/00yq55g44>

## Funder(s)

**Funder type**

Government

**Funder Name**

Deutsche Forschungsgemeinschaft (Germany) (ref: DFG RI 929/3-1)

**Alternative Name(s)**

German Research Association, German Research Foundation, DFG

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

Germany

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	19/08/2009		Yes	No

[Results article](#)

results

25/01/2016

Yes

No