# Do people who have anaphylactic reactions to insect stings or foods have specific forms of genes for hormones involved in controlling blood pressure?

Submission date 26/01/2019	Recruitment status  No longer recruiting	Prospectively registered
		☐ Protocol
Registration date	Overall study status	Statistical analysis plan
13/02/2019	Completed	[X] Results
<b>Last Edited</b> 15/02/2019	Condition category Injury Occupational Diseases Poisoning	[] Individual participant data

#### Plain English summary of protocol

Background and study aims

Shock is when there is not enough blood flow to the tissues of the body. When a person has anaphylaxis (a serious allergic reaction), high levels of a chemical called histamine are released. Histamine causes blood vessels to dilate (open up). This causes blood pressure to drop and can lead to anaphylactic shock. It has previously been shown that the severity of anaphylactic shock in people who are allergic to bee or wasp stings is linked to low levels of hormones in the blood that control blood pressure. However, there is currently no evidence of whether this is also true in people with food allergies. This research team has already done some analysis of the genes for these hormones in people with food allergies. This study aims to compare the genes for blood pressure hormones in people with no allergies, people with allergies to airborne allergens (for example, pollen) but not food, people with allergies to bee or wasp stings who have had anaphylactic reactions, people with food allergies who have never had an anaphylactic reaction and people with food allergies who have anaphylactic reactions.

#### Who can participate?

People with no allergies, people with allergies to airborne allergens (for example, pollen) but not food, people with allergies to bee or wasp stings who have had anaphylactic reactions, people with food allergies who have never had an anaphylactic reaction and people with food allergies who have anaphylactic reactions. Participants must not be taking some medicines that affect blood pressure.

#### What does the study involve?

The participants will have a sample of blood taken in the morning before they eat. The blood will be used to prepare a sample of DNA, which will be analysed to show which forms of the blood pressure-controlling genes the person has. The details of their allergies and anaphylactic reactions will be taken from their medical records.

What are the possible benefits and risks of participating? There is no direct benefit to the participants. The potential risks relate to discomfort from the blood-taking.

Where is the study run from? St Helier Hospital, Carshalton (UK)

When is the study starting and how long is it expected to run for? April 1997 to January 2012

Who is funding the study? Epsom and St Helier Hospitals NHS Trust (UK)

Who is the main contact?
Dr Veronica Varney, veronica.varney@btinternet.com

# Contact information

#### Type(s)

Scientific

#### Contact name

Dr Veronica Varney

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# Additional identifiers

# Clinical Trials Information System (CTIS)

Nil known

# ClinicalTrials.gov (NCT)

Nil known

#### Protocol serial number

vv14/97

# Study information

#### Scientific Title

Hymenoptera venom anaphylaxis and food allergy induced anaphylaxis: A study of the renin and angiotensin system

#### **Study objectives**

In 1993, Hermann and Ring demonstrated that the severity of anaphylactic shock following bee or wasp stings was linked to low levels of renin and angiotensin 1 and II in the blood permitting hypotension. To date, no published studies have examined this in subjects with food-induced anaphylaxis. Our preliminary data from this study collected in 1998 has shown that 85% of subjects with anaphylaxis to food had low levels of serum ACE and were homozygous (II genotype) or heterozygous (ID genotype) for the angiotensin gene deletion. This deletion results in low activity of angiotensin converting enzymes and reduced angiotensin II production compared with homozygous gene state (DD) that is associated with high levels of production.

## Ethics approval required

Old ethics approval format

#### Ethics approval(s)

- 1. Approved 04/04/1997.
- 2. Re-approved 05/08/2005, London-Surrey borders Ethics Committee (Usual meeting venue Health Research Authority, Skipton House, 80 London Road, London, SE1 6LH; +44 (0)20 7972 2568; NRESCommittee.London-SurreyBorders@nhs.net), ref: 14/97

#### Study design

Observational cross-sectional study

## Primary study design

Observational

# Study type(s)

Other

# Health condition(s) or problem(s) studied

Anaphylactic shock

#### Interventions

The study will be based on patients normally referred to the Allergy Clinic at St Helier Hospital. From their outpatient attendance and assessment, suitable patients will be selected and asked to make a single attendance before breakfast on a single occasion. Five groups of patients will be selected (non-atopic, airborne allergy only, food allergies, food allergy with anaphylaxis, bee and wasp allergy).

In each patient a single visit on a Saturday morning before breakfast is required. The patient must lie horizontal for 20 minutes. After this time blood will be taken at 4°C and spun immediately in a refrigerated centrifuge and stored. The patient may then eat and drink and apart from details of the anaphylaxis and timing and results of skin tests no further visits are required. Most of the information can be collected onto a short questionnaire directly from the notes. The patients will be selected following their assessment in the allergy clinic

# Intervention Type

Other

#### Primary outcome(s)

- 1. Serum ACE level
- 2. Plasma renin level
- 3. Plasma angiotensin-1 level
- 4. Polymorphisms of genes related to the renin angiotensin system including ACE, renin, angiotensinogen (AGT235), chymase CMI-1903, AT-2 receptor

#### Key secondary outcome(s))

N/A

#### Completion date

01/01/2012

# Eligibility

#### Key inclusion criteria

Anaphylaxis patients:

1. Wasp- and bee-induced anaphylaxis (>50) or food-induced allergy with anaphylaxis (>50)

#### Control participants:

2. Food allergy without anaphylaxis (>30) or atopic without food allergies (>30) or non-atopic control (>100)

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

Αll

#### Key exclusion criteria

- 1. Pregnant
- 2. Taking drugs that would affect the renin-angiotensin system and levels of blood hormones
- 3. Involved in any other studies which would be either disadvantageous to the participant's health or the benefit of the study

#### Date of first enrolment

05/04/1997

#### Date of final enrolment

06/08/2008

# Locations

#### Countries of recruitment

United Kingdom

England

Study participating centre St Helier Hospital Wrythe Lane

Carshalton **United Kingdom** SM5 1AA

# Sponsor information

## Organisation

R&D department at St Helier Hospital

#### **ROR**

https://ror.org/019hb9542

# Funder(s)

## Funder type

Hospital/treatment centre

#### **Funder Name**

Epsom and St Helier Hospitals NHS Trust

# **Results and Publications**

# Individual participant data (IPD) sharing plan

The datasets generated and/or analysed during the current study during this study will be included in the subsequent results publication.

# IPD sharing plan summary

Other

#### **Study outputs**

Output type **Details** results Results article 19/12/2012 28/01/2019 Yes Participant information sheet
Participant information sheet
Participant information sheet
15/02/2019 No
Yes

15/02/2019 No
Yes