# I-ONE therapy in patients undergoing total knee arthroplasty

Submission date 29/10/2010	<b>Recruitment status</b> No longer recruiting		
Registration date 04/11/2010	<b>Overall study status</b> Completed		
Last Edited 18/03/2013	<b>Condition category</b> Musculoskeletal Diseases		

[] Prospectively registered

[] Protocol

[] Statistical analysis plan

[X] Results

[] Individual participant data

# Plain English summary of protocol

Not provided at time of registration

# **Contact information**

**Type(s)** Scientific

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# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

Scientific Title

I-ONE therapy in patients undergoing total knee arthroplasty: Prospective and randomised study with a control group

### Acronym

IKA

## Study objectives

Total knee arthroplasty (TKA) is often accompanied by a severe inflammatory reaction which, unless controlled, leads to persistent pain up to a year after surgery. Biophysical stimulation with I-ONE therapy has demonstrated to protect articular joint from catabolic activity of pro-inflammatory cytokines.

The aim of this study was to evaluate if patients undergoing TKA could benefit from I-ONE therapy, leading to early control of inflammation and relief of pain resulting in early and complete return to daily activities.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

The local ethics committee of the General Hospital of Bari approved in December 2007

### Study design

Prospective randomised controlled parallel group trial

#### **Primary study design** Interventional

Secondary study design Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

Knee arthritis

## Interventions

Patients undergoing total knee arthroplasty will be randomised to receive either 1. I-ONE therapy, post-surgery, 4 hours/day for 60 days 2. Treatment as usual

The total duration of follow up will be 1 year

#### Intervention Type

Other

**Phase** Not Applicable

## Primary outcome measure

Pain assessed by Visual Analogue Scale (VAS):

A 10 cm horizontal line corresponding to a scale evaluating the pain, where the left end stands for complete absence of pain and the right end the maximum possible pain or unbearable pain.

All outcomes will be assessed at 1, 2, 6 and 12 months.

## Secondary outcome measures

1. Knee Society forms, involving a clinical evaluation, Knee Score (that assesses pain, range of motion, stability, contracture in bending, active extension deficit, alignment) and a functional one, Functional Score (that examines autonomy in walking, climbing stairs, use of stick or frame), both with values from 0 to 100.

2. Functional evaluation scale SF-36, that evaluates the patient with 36 questions, 10 of which one physical activity, 4 on role limitations due to physical health, 3 on role limitations correlated to emotional state, 2 on physical pain, 5 on perception of state of general health, 4 on vitality, 2 on social activities, 5 on mental health and 1 on change in state of health.

3. Joint swelling: A scale, with scores from 1 to 40, to quantify the presence of joint swelling evaluated by the operator on palpation by balloting the knee.

4. Monitoring of assumption of NSAIDs at all follow-ups

All outcomes will be assessed at 1, 2, 6 and 12 months.

# Overall study start date

01/01/2008

# **Completion date**

30/06/2010

# Eligibility

## Key inclusion criteria

1. Either sex, aged  $\geq$  60 and < 85

2. Presenting an advanced state of knee arthritis and scheduled for prosthetic replacement

3. Misalignment in varus/valgus respectively not exceeding 20° and 15° and deformity in bending less than 15°

## Participant type(s)

Patient

Age group Senior

**Sex** Both

### Target number of participants

from 1 to 30

### Key exclusion criteria

 Patients who had undergone previous surgery to the same knee or had been operated on for hip prosthesis
 Patients with BMI >30 Kg/m2
 Patients with pathological processes such as
 1. rheumatoid arthritis
 2. autoimmune conditions
 3.3. systemic diseases
 4. tumours

Date of first enrolment 01/01/2008

Date of final enrolment 30/06/2010

# Locations

**Countries of recruitment** Italy

**Study participating centre Piazza Giulio Cesare, 11-Bari** Bari Italy 70124

# Sponsor information

# Organisation

IGEA (Italy)

# Sponsor details

Via Parmenide, 10/A Carpi Italy 41012

Sponsor type

Industry

## Website

http://www.igea.it/

ROR https://ror.org/01bws2668

# Funder(s)

**Funder type** University/education

**Funder Name** University of Bari (Italy)

Funder Name IGEA (Italy)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>	results	06/06/2012		Yes	No