Evaluating the socioeconomic impact of cataract surgery for elderly patients in China

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
19/12/2016		☐ Protocol		
Registration date	Overall study status Completed Condition category Eve Diseases	Statistical analysis plan		
06/01/2017		Results		
Last Edited		Individual participant dataRecord updated in last year		
23/12/2016				

Plain English summary of protocol

Background and study aims

Cataracts are cloudy areas on the lens of the eye. They can appear for a number of reasons however they are most common in older people, developing over a long period of time (senile cataract). The lens sits near the front of the eye, and plays an important role in vision. When cataracts cause the lens to become clouded, it can prevent light from reaching the back of the eye (retina) to form an image that can be interpreted by the brain. When this happens, vision becomes blurred and distorted, and can eventually lead to blindness. In many cases, the only effective treatment is to undergo cataract surgery, which involves removing the affected lens and replacing it with a clear artificial one (intraocular lens). Un-operated cataract remains the leading cause of blindness in China, and China's cataract surgical rate (CSR) of 1000/million/year is lower than that of neighboring countries such as Vietnam (2000) and India (5500). This problem is particularly bad in rural (countryside) areas. The aim of this study is to investigate the socioeconomic (social and financial) impact of receiving free cataract surgery.

Who can participate?

Adults aged 40 years and over living in Handan County, China with poor vision in one eye due to cataracts that have not been operated on.

What does the study involve?

Participants are randomly allocated to one of two groups. Those in the first group receive cataract surgery immediately. Those in the second group are placed on a waiting list to receive cataract surgery a year later. At the start of the study and then after one year, participants in both groups complete a number of questionnaires designed to measure their household income, whether they are working and their wellbeing.

What are the possible benefits and risks of participating?

Participants who receive the surgery immediately will benefit from an improved ability to see clearly. There are no notable risks involved with participating other than the general risks of undergoing eye surgery.

Where is the study run from? Shaanxi Normal University (China)

When is the study starting and how long is it expected to run for? September 2016 to January 2018

Who is funding the study? Stanford University (USA)

Who is the main contact? Mr Matthew Boswell

Contact information

Type(s)

Public

Contact name

Mr Matthew Boswell

Contact details

Stanford University Encina Hall E501 616 Serra Street Stanford United States of America 94305

Additional identifiers

Protocol serial number

39156

Study information

Scientific Title

Socioeconomic Impact of Cataract Surgery for Elderly Patients in China: Results from a Randomized Trial

Acronym

Handan Cataracts Study

Study objectives

The aim of this study is to measure the impact of cataract surgery on key household socioeconomic outcomes such as income and labor market participation.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Cataracts

Interventions

Participants are randomised to one of two groups based on baseline characteristics.

Intervention group: Participants undergo cataract surgery in February 2017. This involves small incision manual cataract surgery performed by an experienced surgeon with insertion of an appropriate intra-ocular lens, power to be determined in standard fashion by measurement of corneal curvature, axial length and refractive power in the operative and non-operative eyes.

Control group: Participants are placed on a wait-list and receive their cataract surgery in February 2018 after the collection of the final outcome measures.

Participants in both groups are followed up in standard fashion by an ophthalmologist from Tongren Hospital and complete follow up surveys after one year.

Intervention Type

Primary outcome(s)

- 1. Household income is measured using the Handan Cataract Study Household Socioeconomic Survey at baseline and 12 months
- 2. Household member time allocation is measured using the Handan Cataract Study Household Socioeconomic Survey at baseline and 12 months
- 3. Household member labor market participation is measured using the Handan Cataract Study Household Socioeconomic Survey at baseline and 12 months

Key secondary outcome(s))

- 1. Household member educational outcomes are measured using the Handan Cataract Study Household Socioeconomic Survey at baseline and 12 months
- 2. Household member subjective wellbeing is measured using the Handan Cataract Study Household Socioeconomic Survey at baseline and 12 months

Completion date

30/01/2018

Eligibility

Key inclusion criteria

1. LogMAR vision \geq 0.5 in the better-seeing eye due to un- operated cataract identified in the original Handan Eye Study (2012)

- 2. Resident of Handan County, China
- 3. Aged 40 years and over

Participant type(s)

Other

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

- 1. Unwilling to give consent or unable to be contacted
- 2. Other ocular or health conditions that contraindicate or prevent the patient from undergoing cataract surgery

Date of first enrolment

30/01/2017

Date of final enrolment

02/07/2017

Locations

Countries of recruitment

China

Study participating centre Shaanxi Normal University

Shaanxi Shaanxi Xi'an China 710119

Sponsor information

Organisation

Stanford University

ROR

https://ror.org/00f54p054

Funder(s)

Funder type

University/education

Funder Name

Stanford University

Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from Matthew Boswell (boswell@stanford.edu)

IPD sharing plan summary

Available on request

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes